

MALE PHYSICAL CHARACTERISTICS

MALE PHYSICAL CHARACTERISTICS ENCOMPASS A RANGE OF BIOLOGICAL AND PHYSIOLOGICAL TRAITS THAT DISTINGUISH MALES FROM FEMALES IN THE HUMAN SPECIES. THESE CHARACTERISTICS ARISE PRIMARILY DUE TO GENETIC, HORMONAL, AND DEVELOPMENTAL FACTORS, INFLUENCING ASPECTS SUCH AS BODY STRUCTURE, MUSCLE MASS, HAIR DISTRIBUTION, AND REPRODUCTIVE ANATOMY. UNDERSTANDING THESE TRAITS IS ESSENTIAL NOT ONLY IN FIELDS LIKE MEDICINE AND ANTHROPOLOGY BUT ALSO IN AREAS SUCH AS FITNESS, NUTRITION, AND PSYCHOLOGY. THIS ARTICLE EXPLORES THE PRIMARY MALE PHYSICAL CHARACTERISTICS, INCLUDING SKELETAL DIFFERENCES, HORMONAL INFLUENCES, SECONDARY SEXUAL FEATURES, AND COMMON VARIATIONS ACROSS POPULATIONS. ADDITIONALLY, IT DISCUSSES HOW THESE ATTRIBUTES DEVELOP OVER TIME AND THEIR SIGNIFICANCE IN OVERALL MALE HEALTH AND IDENTITY. THE FOLLOWING SECTIONS PROVIDE A DETAILED OVERVIEW OF THE KEY MALE PHYSICAL TRAITS, SUPPORTED BY SCIENTIFIC EXPLANATIONS TO ENHANCE COMPREHENSION.

- SKELETAL AND MUSCULAR STRUCTURE
- HORMONAL INFLUENCES ON MALE DEVELOPMENT
- SECONDARY SEXUAL CHARACTERISTICS
- HAIR GROWTH PATTERNS
- SKIN AND FACIAL FEATURES
- VARIATIONS AND ADAPTATIONS

SKELETAL AND MUSCULAR STRUCTURE

THE SKELETAL AND MUSCULAR SYSTEMS ARE FUNDAMENTAL COMPONENTS THAT DEFINE MANY MALE PHYSICAL CHARACTERISTICS. ON AVERAGE, MALES TEND TO HAVE LARGER AND DENSER BONES COMPARED TO FEMALES, CONTRIBUTING TO GREATER OVERALL BODY MASS AND STRENGTH. THESE DIFFERENCES ARE GENETICALLY DETERMINED AND INFLUENCED BY HORMONAL ACTIVITY DURING DEVELOPMENTAL STAGES.

BONE DENSITY AND SIZE

MALES GENERALLY POSSESS HIGHER BONE DENSITY AND LARGER SKELETAL FRAMES, WHICH PROVIDE ENHANCED SUPPORT FOR MUSCLE ATTACHMENT AND PROTECT VITAL ORGANS. KEY SKELETAL DIFFERENCES INCLUDE BROADER SHOULDERS, LONGER LIMB BONES, AND A MORE PRONOUNCED JAWLINE. THESE ANATOMICAL FEATURES CONTRIBUTE TO A MORE ANGULAR AND ROBUST PHYSICAL APPEARANCE.

MUSCLE MASS AND DISTRIBUTION

MUSCLE MASS IS TYPICALLY GREATER IN MALES DUE TO THE INFLUENCE OF TESTOSTERONE, WHICH PROMOTES MUSCLE PROTEIN SYNTHESIS AND HYPERTROPHY. THIS RESULTS IN INCREASED STRENGTH AND ENDURANCE CAPACITY. MUSCLE DISTRIBUTION IN MALES OFTEN FAVORS THE UPPER BODY, WITH MORE PRONOUNCED DEVELOPMENT IN THE CHEST, ARMS, AND BACK COMPARED TO FEMALES.

TYPICAL MALE SKELETAL TRAITS

- BIGGER SKULL WITH PRONOUNCED BROW RIDGES

- LONGER AND THICKER BONES, ESPECIALLY IN THE ARMS AND LEGS
- WIDER RIB CAGE AND SHOULDER GIRDLE
- NARROWER PELVIS RELATIVE TO FEMALES
- MORE PROMINENT CHIN AND JAW STRUCTURE

HORMONAL INFLUENCES ON MALE DEVELOPMENT

HORMONES PLAY A CRITICAL ROLE IN SHAPING MALE PHYSICAL CHARACTERISTICS, PARTICULARLY DURING PUBERTY WHEN SECONDARY SEXUAL TRAITS EMERGE. TESTOSTERONE, THE PRIMARY MALE SEX HORMONE, IS RESPONSIBLE FOR MANY OF THESE CHANGES, AFFECTING BOTH THE BODY AND BEHAVIOR.

THE ROLE OF TESTOSTERONE

TESTOSTERONE TRIGGERS THE DEVELOPMENT OF MALE REPRODUCTIVE ORGANS, INCREASES MUSCLE AND BONE GROWTH, AND INFLUENCES HAIR GROWTH PATTERNS. ELEVATED LEVELS DURING PUBERTY LEAD TO VOICE DEEPENING, INCREASED AGGRESSION, AND LIBIDO. HORMONAL BALANCE IS ESSENTIAL FOR NORMAL MALE DEVELOPMENT AND OVERALL HEALTH.

HORMONAL CHANGES OVER LIFESPAN

TESTOSTERONE PRODUCTION PEAKS DURING LATE ADOLESCENCE AND EARLY ADULTHOOD, THEN GRADUALLY DECLINES WITH AGE. THESE HORMONAL FLUCTUATIONS CAN IMPACT PHYSICAL CHARACTERISTICS, SUCH AS MUSCLE MASS REDUCTION, INCREASED FAT DEPOSITION, AND CHANGES IN SKIN ELASTICITY. MAINTAINING HORMONAL HEALTH IS VITAL FOR PRESERVING MALE PHYSICAL ATTRIBUTES THROUGHOUT LIFE.

SECONDARY SEXUAL CHARACTERISTICS

SECONDARY SEXUAL CHARACTERISTICS ARE FEATURES THAT DISTINGUISH MALES FROM FEMALES BUT ARE NOT DIRECTLY INVOLVED IN REPRODUCTION. THESE TRAITS TYPICALLY DEVELOP DURING PUBERTY AND ARE INFLUENCED BY HORMONAL ACTIVITY.

VOICE DEEPENING

ONE OF THE MOST NOTICEABLE MALE SECONDARY SEXUAL CHARACTERISTICS IS THE DEEPENING OF THE VOICE. THIS OCCURS DUE TO THE ENLARGEMENT OF THE LARYNX AND LENGTHENING OF THE VOCAL CORDS UNDER TESTOSTERONE INFLUENCE, RESULTING IN A LOWER PITCH AND MORE RESONANT TONE.

FACIAL AND BODY HAIR

MALES EXPERIENCE INCREASED HAIR GROWTH ON THE FACE, CHEST, AND OTHER BODY AREAS DURING PUBERTY. THIS PATTERN IS REGULATED BY ANDROGENS AND VARIES WIDELY AMONG INDIVIDUALS AND ETHNIC GROUPS.

REPRODUCTIVE ORGAN DEVELOPMENT

THE GROWTH OF TESTES AND PENIS DURING PUBERTY SIGNIFIES THE ONSET OF REPRODUCTIVE CAPABILITY. THESE ORGANS CONTINUE TO MATURE INTO ADULTHOOD AND ARE ESSENTIAL COMPONENTS OF MALE PHYSICAL IDENTITY.

HAIR GROWTH PATTERNS

HAIR DISTRIBUTION AND GROWTH PATTERNS ARE PROMINENT MALE PHYSICAL CHARACTERISTICS INFLUENCED PRIMARILY BY GENETIC AND HORMONAL FACTORS. ANDROGENS STIMULATE HAIR FOLLICLES, LEADING TO THE DEVELOPMENT OF CHARACTERISTIC MALE HAIR PATTERNS.

FACIAL HAIR

FACIAL HAIR GROWTH VARIES IN DENSITY AND COVERAGE, TYPICALLY BEGINNING DURING ADOLESCENCE AND INCREASING INTO ADULTHOOD. COMMON PATTERNS INCLUDE THE GROWTH OF MUSTACHES, BEARDS, AND SIDEBURNS, WHICH ARE CULTURALLY SIGNIFICANT AND OFTEN ASSOCIATED WITH MASCULINITY.

BODY HAIR DISTRIBUTION

MALE BODY HAIR GENERALLY APPEARS ON THE CHEST, ABDOMEN, BACK, ARMS, AND LEGS. THE EXTENT AND THICKNESS OF BODY HAIR DIFFER WIDELY AMONG INDIVIDUALS AND POPULATIONS, INFLUENCED BY HEREDITARY AND ENVIRONMENTAL FACTORS.

SCALP HAIR AND HAIR LOSS

SCALP HAIR CHARACTERISTICS SUCH AS TEXTURE, COLOR, AND DENSITY VARY AMONG MALES. MALE PATTERN BALDNESS, OR ANDROGENIC ALOPECIA, IS A COMMON CONDITION CAUSED BY GENETIC PREDISPOSITION AND HORMONAL SENSITIVITY, LEADING TO HAIR THINNING AND LOSS OVER TIME.

SKIN AND FACIAL FEATURES

MALE SKIN AND FACIAL FEATURES EXHIBIT DISTINCT CHARACTERISTICS ATTRIBUTABLE TO GENETIC AND HORMONAL INFLUENCES. THESE TRAITS CONTRIBUTE TO THE OVERALL PERCEPTION OF MASCULINITY AND PHYSICAL IDENTITY.

SKIN THICKNESS AND TEXTURE

MALE SKIN TENDS TO BE THICKER AND OILIER THAN FEMALE SKIN DUE TO HIGHER COLLAGEN DENSITY AND SEBACEOUS GLAND ACTIVITY. THIS RESULTS IN A DIFFERENT TEXTURE AND RESILIENCE, OFTEN AFFECTING AGING PROCESSES AND SKIN CARE NEEDS.

FACIAL STRUCTURE

TYPICAL MALE FACIAL FEATURES INCLUDE A MORE PROMINENT BROW RIDGE, SQUARED JAWLINE, AND LARGER NOSE. THESE STRUCTURAL DIFFERENCES ARISE FROM SKELETAL DEVELOPMENT PATTERNS AND CONTRIBUTE TO THE CHARACTERISTIC MALE FACIAL PROFILE.

COMPLEXION AND AGING PATTERNS

MEN OFTEN EXPERIENCE DIFFERENT AGING PATTERNS COMPARED TO WOMEN, INCLUDING THE DEVELOPMENT OF WRINKLES AND SKIN ELASTICITY CHANGES. ENVIRONMENTAL EXPOSURE AND LIFESTYLE FACTORS ALSO INFLUENCE SKIN HEALTH AND APPEARANCE.

VARIATIONS AND ADAPTATIONS

WHILE CERTAIN MALE PHYSICAL CHARACTERISTICS ARE COMMON, SIGNIFICANT VARIATIONS EXIST DUE TO GENETIC DIVERSITY, ENVIRONMENTAL INFLUENCES, AND LIFESTYLE FACTORS. THESE VARIATIONS CAN IMPACT HEALTH, PHYSICAL PERFORMANCE, AND AESTHETIC PERCEPTIONS.

ETHNIC AND GENETIC VARIATIONS

POPULATIONS AROUND THE WORLD EXHIBIT DIFFERENCES IN MALE PHYSICAL TRAITS SUCH AS HEIGHT, SKIN COLOR, HAIR TEXTURE, AND FACIAL FEATURES. THESE ADAPTATIONS HAVE EVOLVED IN RESPONSE TO GEOGRAPHIC AND CLIMATIC CONDITIONS.

IMPACT OF LIFESTYLE AND ENVIRONMENT

NUTRITION, PHYSICAL ACTIVITY, AND ENVIRONMENTAL EXPOSURES CAN MODIFY MALE PHYSICAL CHARACTERISTICS. FOR EXAMPLE, REGULAR EXERCISE ENHANCES MUSCLE MASS AND BONE DENSITY, WHILE POOR NUTRITION MAY HINDER NORMAL DEVELOPMENT.

HEALTH IMPLICATIONS

UNDERSTANDING MALE PHYSICAL CHARACTERISTICS IS CRUCIAL FOR IDENTIFYING HEALTH RISKS AND TAILORING MEDICAL TREATMENTS. CONDITIONS SUCH AS OSTEOPOROSIS, HORMONAL IMBALANCES, AND SKIN DISORDERS OFTEN MANIFEST DIFFERENTLY IN MALES DUE TO THEIR UNIQUE PHYSIOLOGICAL TRAITS.

FREQUENTLY ASKED QUESTIONS

WHAT ARE THE PRIMARY PHYSICAL CHARACTERISTICS THAT DIFFERENTIATE MALES FROM FEMALES?

PRIMARY PHYSICAL CHARACTERISTICS DIFFERENTIATING MALES FROM FEMALES INCLUDE THE PRESENCE OF MALE REPRODUCTIVE ORGANS SUCH AS TESTES, TYPICALLY GREATER MUSCLE MASS, BROADER SHOULDERS, FACIAL AND BODY HAIR, AND A GENERALLY DEEPER VOICE.

HOW DOES TESTOSTERONE INFLUENCE MALE PHYSICAL CHARACTERISTICS?

TESTOSTERONE, THE PRIMARY MALE SEX HORMONE, INFLUENCES THE DEVELOPMENT OF MALE PHYSICAL TRAITS SUCH AS INCREASED MUSCLE AND BONE MASS, FACIAL AND BODY HAIR GROWTH, DEEPER VOICE, AND THE DEVELOPMENT OF MALE REPRODUCTIVE ORGANS DURING PUBERTY.

AT WHAT AGE DO MALE PHYSICAL CHARACTERISTICS TYPICALLY BEGIN TO DEVELOP?

MALE PHYSICAL CHARACTERISTICS USUALLY BEGIN TO DEVELOP DURING PUBERTY, WHICH TYPICALLY STARTS BETWEEN AGES 9 AND 14. DURING THIS PERIOD, HORMONAL CHANGES TRIGGER THE GROWTH OF SECONDARY SEXUAL CHARACTERISTICS.

WHY DO MALES GENERALLY HAVE MORE MUSCLE MASS COMPARED TO FEMALES?

MALES GENERALLY HAVE MORE MUSCLE MASS DUE TO HIGHER LEVELS OF TESTOSTERONE, WHICH PROMOTES MUSCLE GROWTH AND STRENGTH. ADDITIONALLY, GENETIC FACTORS AND DIFFERENCES IN BODY COMPOSITION CONTRIBUTE TO THIS DISTINCTION.

WHAT ROLE DOES GENETICS PLAY IN DETERMINING MALE PHYSICAL CHARACTERISTICS?

GENETICS PLAY A CRUCIAL ROLE IN DETERMINING MALE PHYSICAL CHARACTERISTICS BY INFLUENCING TRAITS SUCH AS HEIGHT, BODY STRUCTURE, HAIR PATTERN, AND THE TIMING AND EXTENT OF PUBERTY-RELATED CHANGES.

CAN MALE PHYSICAL CHARACTERISTICS CHANGE SIGNIFICANTLY AFTER PUBERTY?

WHILE MOST MALE PHYSICAL CHARACTERISTICS STABILIZE AFTER PUBERTY, FACTORS SUCH AS AGING, LIFESTYLE, HEALTH CONDITIONS, AND HORMONE LEVELS CAN CAUSE CHANGES IN MUSCLE MASS, FAT DISTRIBUTION, HAIR GROWTH, AND OVERALL APPEARANCE.

HOW DO MALE PHYSICAL CHARACTERISTICS VARY ACROSS DIFFERENT ETHNIC GROUPS?

MALE PHYSICAL CHARACTERISTICS CAN VARY WIDELY ACROSS ETHNIC GROUPS DUE TO GENETIC DIVERSITY, INCLUDING DIFFERENCES IN SKIN COLOR, HAIR TEXTURE, FACIAL FEATURES, BODY SHAPE, AND AVERAGE HEIGHT, REFLECTING ADAPTATION TO VARIOUS ENVIRONMENTS OVER GENERATIONS.

ADDITIONAL RESOURCES

1. *THE MUSCULAR MALE: UNDERSTANDING MALE PHYSIQUE AND STRENGTH*

THIS BOOK EXPLORES THE ANATOMY AND DEVELOPMENT OF MALE MUSCLE STRUCTURE, FOCUSING ON HOW GENETICS, EXERCISE, AND NUTRITION INFLUENCE MUSCULAR GROWTH. IT PROVIDES SCIENTIFIC EXPLANATIONS ALONGSIDE PRACTICAL ADVICE FOR THOSE INTERESTED IN BODYBUILDING OR IMPROVING THEIR PHYSICAL STRENGTH. THE AUTHOR ALSO DISCUSSES THE CULTURAL SIGNIFICANCE OF MUSCULARITY IN MEN THROUGHOUT HISTORY.

2. *FACIAL FEATURES AND MALE IDENTITY: THE SCIENCE OF MALE APPEARANCE*

DELVING INTO THE INTRICACIES OF MALE FACIAL CHARACTERISTICS, THIS BOOK EXAMINES HOW FEATURES SUCH AS JAWLINE, BROW RIDGE, AND CHEEKBONES CONTRIBUTE TO PERCEPTIONS OF MASCULINITY. IT COMBINES INSIGHTS FROM BIOLOGY, PSYCHOLOGY, AND ANTHROPOLOGY TO EXPLAIN WHY CERTAIN TRAITS ARE CONSIDERED ATTRACTIVE OR DOMINANT. READERS WILL GAIN A DEEPER UNDERSTANDING OF HOW MALE FACES IMPACT SOCIAL INTERACTIONS AND IDENTITY.

3. *HEIGHT AND HORMONES: THE BIOLOGY BEHIND MALE GROWTH*

THIS TITLE FOCUSES ON THE BIOLOGICAL FACTORS THAT DETERMINE MALE HEIGHT, INCLUDING GENETIC INHERITANCE AND HORMONAL INFLUENCES SUCH AS TESTOSTERONE AND GROWTH HORMONE. THE AUTHOR PRESENTS RESEARCH ON GROWTH PATTERNS FROM CHILDHOOD THROUGH ADULTHOOD, HIGHLIGHTING HOW HEIGHT AFFECTS MALE HEALTH AND SOCIAL DYNAMICS. PRACTICAL ADVICE ON OPTIMIZING GROWTH POTENTIAL IS ALSO INCLUDED.

4. *THE MALE VOICE: ANATOMY, PHYSIOLOGY, AND PERCEPTION*

EXPLORING THE CHARACTERISTICS OF THE MALE VOICE, THIS BOOK COVERS THE ANATOMICAL DIFFERENCES IN VOCAL CORDS AND RESONANCE CHAMBERS THAT PRODUCE DEEPER TONES. THE TEXT ALSO INVESTIGATES HOW VOICE PITCH AND QUALITY INFLUENCE COMMUNICATION, CONFIDENCE, AND SOCIETAL PERCEPTIONS OF MASCULINITY. TECHNIQUES FOR VOICE TRAINING AND CARE ARE PROVIDED FOR THOSE SEEKING TO ENHANCE THEIR VOCAL PRESENCE.

5. *BODY HAIR AND MALE IDENTITY: CULTURAL AND BIOLOGICAL PERSPECTIVES*

EXAMINING THE ROLE OF BODY HAIR IN MALE PHYSICAL CHARACTERISTICS, THIS BOOK DISCUSSES THE BIOLOGICAL REASONS FOR HAIR GROWTH PATTERNS AND THEIR VARIATIONS AMONG INDIVIDUALS. IT ALSO EXPLORES THE CULTURAL MEANINGS AND GROOMING PRACTICES RELATED TO MALE BODY HAIR ACROSS DIFFERENT SOCIETIES AND HISTORICAL PERIODS. READERS WILL LEARN ABOUT THE INTERPLAY BETWEEN BIOLOGY AND PERSONAL EXPRESSION.

6. *MALE SKIN: STRUCTURE, CARE, AND AGING*

THIS COMPREHENSIVE GUIDE ADDRESSES THE UNIQUE ASPECTS OF MALE SKIN, INCLUDING THICKNESS, OIL PRODUCTION, AND

SUSCEPTIBILITY TO CERTAIN CONDITIONS. THE AUTHOR PROVIDES PRACTICAL SKINCARE ROUTINES TAILORED FOR MEN, EMPHASIZING PREVENTION AND MANAGEMENT OF AGING SIGNS. SCIENTIFIC EXPLANATIONS HELP READERS UNDERSTAND HOW LIFESTYLE CHOICES IMPACT SKIN HEALTH OVER TIME.

7. MALE BONE STRUCTURE: FORM, FUNCTION, AND FITNESS

FOCUSING ON THE SKELETAL SYSTEM, THIS BOOK DETAILS THE DISTINCTIVE FEATURES OF MALE BONE STRUCTURE SUCH AS BROADER SHOULDERS AND DENSER BONES. IT EXPLAINS HOW THESE CHARACTERISTICS AFFECT PHYSICAL PERFORMANCE AND VULNERABILITY TO INJURY. THE AUTHOR ALSO DISCUSSES WAYS TO MAINTAIN BONE HEALTH THROUGH DIET, EXERCISE, AND MEDICAL CARE.

8. MALE REPRODUCTIVE ANATOMY: A COMPREHENSIVE OVERVIEW

THIS DETAILED EXAMINATION OF MALE REPRODUCTIVE ORGANS COVERS THEIR ANATOMY, PHYSIOLOGY, AND ROLE IN OVERALL HEALTH. THE BOOK ADDRESSES COMMON ISSUES AND CONDITIONS, OFFERING GUIDANCE ON MAINTAINING REPRODUCTIVE WELLNESS. IT IS A VALUABLE RESOURCE FOR UNDERSTANDING THE BIOLOGICAL FOUNDATIONS OF MALE FERTILITY AND SEXUAL HEALTH.

9. MASCULINE POSTURE AND MOVEMENT: THE BODY LANGUAGE OF MEN

ANALYZING HOW POSTURE AND MOVEMENT CONTRIBUTE TO THE PERCEPTION OF MASCULINITY, THIS BOOK EXPLORES BIOMECHANICS AND SOCIAL PSYCHOLOGY. IT HIGHLIGHTS HOW MEN CAN USE BODY LANGUAGE TO CONVEY CONFIDENCE, DOMINANCE, AND APPROACHABILITY. PRACTICAL TIPS HELP READERS DEVELOP MORE ASSERTIVE AND POSITIVE PHYSICAL EXPRESSIONS IN EVERYDAY LIFE.

Male Physical Characteristics

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male physical characteristics: Encyclopedia of Body Image and Human Appearance, 2012-04-11 This scholarly work is the most comprehensive existing resource on human physical appearance—how people's outer physical characteristics and their inner perceptions and attitudes about their own appearance (body image) affect their lives. The encyclopedia's 117 full-length chapters are composed and edited by the world's experts from a range of disciplines—social, behavioral, and biomedical sciences. The extensive topical coverage in this valuable reference work includes: (1) Important theories, perspectives, and concepts for understanding body image and appearance; (2) Scientific measurement of body image and physical attributes (anthropometry); (3) The development and determinants of human appearance and body image over the lifespan; (4) How culture and society influences the meanings of human appearance; (5) The psychosocial effects of appearance-altering disease, damage, and visible differences; (6) Appearance self-change and self-management; (7) The prevention and treatment of body image problems, including psychosocial and medical interventions. Chapters are written in a manner that is accessible and informative to a wide audience, including the educated public, college and graduate students, and scientists and clinical practitioners. Each well-organized chapter provides a glossary of definitions of any technical terms and a Further Reading section of recommended sources for continued learning about the topic. Available online via ScienceDirect or in a limited-release print version. The Encyclopedia of Body Image and Human Appearance is a unique reference for a growing area of scientific inquiry. It brings together in one source the research from experts in a variety of fields examining this psychological and sociological phenomenon. The breadth of topics covered, and the current fascination with this subject area ensure this reference will be of interest to researchers and a lay

audience alike

male physical characteristics: God in the Act of Reference Erica Appelros, 2017-03-02 To claim to believe in God without accepting that God exists independently of human minds would mean reducing God to merely a human construct, thus not real enough for being the object of religious worship. This book sets out to challenge this common view on existence and religious belief. Arguing from concrete examples of language use in children's make-believe play and other ordinary situations, Erica Appelros suggests that what makes us consider something to be real involves our capacities to relate to our surroundings - not only on grounds of their physical characteristics but also on grounds of human construction. This book makes a substantial contribution to the contemporary debate within philosophy of religion on religious realism and non-realism, and suggests innovative and constructive solutions to the perennial philosophical and religious issue of what is meant by talking about God and God's existence.

male physical characteristics: Men Richard G. BRIBIESCAS, 2009-06-30 Males account for roughly 50 percent of the global population, but in America and other places, they account for over 85 percent of violent crime. A graph of relative risk of death in human males shows that mortality is high immediately following birth, falls during childhood, then exhibits a distinct rise between the ages of 15 and 35--primarily the result of accidents, violence, and risky behaviors. Why? What compels males to drive fast, act violently, and behave stupidly? Why are men's lives so different from those of women? Men presents a new approach to understanding the human male by drawing upon life history and evolutionary theory. Because life history theory focuses on the timing of, and energetic investment in, particular aspects of physiology, such as growth and reproduction, Richard Bribiescas and his fellow anthropologists are now using it in the study of humans. This has led to an increased understanding of human female physiology--especially growth and reproduction--from an evolutionary and life history perspective. However, little attention has been directed toward these characteristics in males. Men provides a new understanding of human male physiology and applies it to contemporary health issues such as prostate cancer, testosterone replacement therapy, and the development of a male contraceptive. Men proves that understanding human physiology requires global research in traditionally overlooked areas and that evolutionary and life history theory have much to offer toward this endeavor.

male physical characteristics: The Maze Within , 1995

male physical characteristics: Exploring Medical Language E-Book Danielle LaFleur Brooks, Dale M. Levinsky, Myrna LaFleur Brooks, 2021-02-06 - NEW! Organization of word part tables in each chapter allows you to learn body systems in any order. - NEW! Clinical note-taking exercises provide practice with how to convert common symptoms into correct medical terminology.

male physical characteristics: *Body Image* Marlene V. Kendes, 2006 Western culture has increasingly valued physical appearance and in particular slenderness in the last 20 years. Unrealistic targets of thinness and excessive weight loss have led to eating disorders, the idea of obligatory exercise and other mental health problems. The concept of dissatisfaction with one's body image is driven home by images of ultra-thin models appearing in newspapers, magazines and television. This book brings together leading international research in this alarming and growing field.

male physical characteristics: Advances in Psychology Research Alexandra Columbus, 2008 'Advances in Psychology Research' presents original research results on the leading edge of psychology research. Each article has been carefully selected in an attempt to present substantial psychology advances across a broad spectrum.

male physical characteristics: Focus on Body Mass Index and Health Research Linda A. Ferrera, 2006 The Federal guidelines on the identification, evaluation, and treatment of overweight and obesity in adults have defined overweight as a body mass index value between 25 and 29.9; and obesity as a body mass index value greater than or equal to 30. BMI is a ratio between weight and height. It is a mathematical formula that correlates with body fat, used to evaluate if a person is at an unhealthy weight (given a certain height). BMI value is more useful for predicting health risks

than the weight alone (for adults ages 18 and up). Individuals with high BMI's are at increased risk of developing certain diseases, including: Hypertension, Cardiovascular Disease, Dyslipidemia, Adult-Onset Diabetes (Type II), Sleep Apnea, Osteoarthritis, Female Infertility, and other Conditions, including: idiopathic intracranial hypertension lower extremity venous stasis disease, gastroesophageal reflux and urinary stress incontinence. This new book gathers research from around the world in the critical field of obesity research and its effects.

male physical characteristics: Ancient Chamorro Society Lawrence J. Cunningham, 1992 A comprehensive ethnohistory of the earliest people to settle the Mariana Islands. Maps, line drawings, glossary, bibliography, and index.

male physical characteristics: Women, Gender, and Social Psychology Virginia E. O'Leary, Rhoda K. Unger, Barbara S. Wallston, 2014-01-09 First published in 1985. This volume contains ten short pieces focusing on methodological issues, definitional problems, and new questions-both empirical and theoretical-that had been inspired by the social psychological study of women in the last decade. The material submitted was rich and varied, and offered an exciting 'new look at the current and potential contribution of the study of sex and gender to social psychology.

male physical characteristics: Our Moral and Spiritual Growth, Here and Now , 1953

male physical characteristics: A Guide to Transgender Health Rachel Ann Heath Ph.D., Katie Wynne Ph.D., 2019-06-24 Provides the most up-to-date information on transgender science and its applications, for gender-diverse people, their supporters, and the professionals who assist them to lead healthy, happy, and successful lives. The number of people presenting at gender clinics worldwide for assistance has increased exponentially in the last decade. Transgender people also have become much more prominent in the media. An increase in political populism, however, has brought unprecedented attacks on trans* people. Covering a wealth of topics relevant to transgender people and their supporters, both social and professional, Heath and Wynne help readers to see through the flawed arguments of those who wish to inflict damage on the trans* community. The content of this book ranges from theoretical ideas about the origin of gender diversity to practical solutions for trans* people to enjoy life in their chosen gender. Physical health topics include hormone therapy, puberty blockers, breast augmentation/reduction, gender confirmation surgery, and speech therapy. Mental health topics include dealing with discrimination, bullying, and transphobia. The text is presented so that it can be understood with no scientific background, but is also highly relevant to the health professional. Copious footnotes and references allow those wishing to delve more deeply into the topics to do so easily. The book is also supported by readily accessible resources available online and on social media.

male physical characteristics: Orangutans Serge A. Wich, 2009 Orangutan populations show extensive variation in behaviour and demography. This book carefully compares data from all orangutan research sites, examining the differences and similarities between orangutan species, subspecies and populations, and develops a theoretical framework in which these can be explained.

male physical characteristics: Everyday Pornography Karen Boyle, 2010-09-13 Public and academic debate about 'porn culture' is proliferating. Ironically, what is often lost in these debates is a sense of what is specific about pornography. By focusing on pornography's mainstream - contemporary commercial products for a heterosexual male audience - Everyday Pornography offers the opportunity to reconsider what it is that makes pornography a specific form of industrial practice and genre of representation. Everyday Pornography presents original work from scholars from a range of academic disciplines (Media Studies, Law, Sociology, Psychology, Women's Studies, Political Science), introducing new methodologies and approaches whilst reflecting on the ongoing value of older approaches. Among the topics explored are: the porn industry's marketing practices (spam emails, reviews) and online organisation commercial sex in Second Life the pornographic narratives of phone sex and amateur videos the content of best-selling porn videos how the male consumer is addressed by pornography, represented within the mainstream, understood by academics and contained by legislation. This collection places a particular emphasis on anti-pornography feminism, a movement which has been experiencing a revival since the mid-2000s.

Drawing on the experiences of activists alongside academics, *Everyday Pornography* offers an opportunity to explore the intellectual and political challenges of anti-pornography feminism and consider its relevance for contemporary academic debate.

male physical characteristics: *Denying Biology* Warren Shapiro, Uli Linke, 1996 We know that human beings are part of nature yet Philosophical systems around the world deny or minimize this fact. As the first book to take a systematic account of the universal human tendency to deny or minimize biology, this book considers a wide variety of these anti-biological systems and their relation to larger issues, particularly gender studies. Discussed in this book are a wide variety of expressions of the antithesis between human beings and natural processes in which the latter are denied, denigrated, or minimized. Contents: Introduction, Warren Shapiro; Sexual Imagery in Spanish Carnival, David D. Gilmore; Symbolic Reproduction and Sherpa Monasticism, Robert A. Paul; Witches and Wizards: A Male/Female Dichotomy?, James L. Brian; Coping with the Dilemmas of Masculinity and Female Disempowerment in Icelandic Mythology, Uli Linke; The Quest for Purity in Anthropological Inquiry, Warren Shapiro; Procreation, Gender, and Pollution, Ward H. Goodenough; Bibliography, Index.

male physical characteristics: *Nature's Music* Peter R. Marler, Hans Slabbekoorn, 2004-10-05 The voices of birds have always been a source of fascination. *Nature's Music* brings together some of the world's experts on birdsong, to review the advances that have taken place in our understanding of how and why birds sing, what their songs and calls mean, and how they have evolved. All contributors have strived to speak, not only to fellow experts, but also to the general reader. The result is a book of readable science, richly illustrated with recordings and pictures of the sounds of birds. Bird song is much more than just one behaviour of a single, particular group of organisms. It is a model for the study of a wide variety of animal behaviour systems, ecological, evolutionary and neurobiological. Bird song sits at the intersection of breeding, social and cognitive behaviour and ecology. As such interest in this book will extend far beyond the purely ornithological - to behavioural ecologists psychologists and neurobiologists of all kinds.* The scoop on local dialects in birdsong* How birdsongs are used for fighting and flirting* The writers are all international authorities on their subject

male physical characteristics: "Who Am I?" Historical Narrative and Subjectivity in Anna Banti's *Camicia bruciata* Lucy Delogu, 2013-01-04 This book investigates Anna Banti's contribution to the creation of a female literary canon, as well as the renewal of Italian literature, from stylistic and thematic points of view. The book examines Banti's contribution from a two-pronged perspective: as a promoter of female individuality and independence, in contrast to the existent paternal order; and as an innovator of the Italian novel, in particular, the Italian historical novel. This study mainly concentrates on the historical novel, *La camicia bruciata*, published in 1973. The analysis of the *Camicia bruciata* examines the structure of the historical novel - Anna Banti's representations of her male and female characters and their capacity for relationships - and the difference between the fictional story created by Anna Banti, and the historical facts narrated in *The House of Medici* by Sir Christopher Hibbert and *The Last Medici* by Harold Acton. The purpose of this analysis is to show how Banti's personal experience, mainly her idea of married life and motherhood, influenced her narrative and her characters.

male physical characteristics: *Evolutionary Communication* James Lull, 2019-11-28 *Evolutionary Communication* presents the first comprehensive evolutionary approach to the study of human communication. Presuming no specialized knowledge of evolutionary theory, this reader-friendly textbook explains why and how communication became the determining factor in human development. Drawing from the latest scientific research, *Evolutionary Communication* represents a truly groundbreaking contribution to Communication Studies as a field of study. Opening up an inspiring new approach for teaching communication, the book can be used as a core volume or supplemental text for courses ranging from Introduction to Communication and Communication Theory to special topics and graduate seminars.

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Surgery Loren S Schechter, Bauback Safa, 2018-06-23 This issue of *Clinics in Plastic Surgery*, guest edited by Loren Schechter and Bauback Safa, is devoted to Gender Confirmation Surgery. Articles in this issue include: Multidisciplinary Care and The Standards of Care for Transgender and Gender Non-conforming Individuals; Primary Care of Transgender and Gender Non-conforming Individuals; Mental Health Evaluation for Transgender and Gender Non-conforming Individuals; Hormonal Management for Transfeminine Individuals; Hormonal Management for Transmasculine Individuals; Facial Feminization; Breast and Body Contouring for Transgender and Gender Non-conforming Individuals; Penile inversion; Intestinal Vaginoplasty; Vaginoplasty Complications; Chest Surgery for Transgender and Gender Non-conforming Individuals; Metoidioplasty; Introduction to Phalloplasty; Radial Forearm; Anterolateral Thigh flap (ALT); Penile Prostheses; Flap-related Complications; Urologic Complications; and Sexual Health after Surgery.

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