

grant sabatier courses

grant sabatier courses have become increasingly popular among individuals seeking financial independence and smarter money management strategies. Grant Sabatier, a renowned personal finance expert and author, offers courses that focus on practical approaches to achieving financial freedom, optimizing savings, and investing wisely. These courses cover a range of topics including budgeting, passive income, early retirement, and wealth-building techniques. Aspiring learners are drawn to his clear, actionable advice and comprehensive curriculum designed to empower participants with the knowledge to take control of their financial future. This article explores the main features of Grant Sabatier courses, their benefits, target audience, and how to get the most out of these educational offerings. Readers will also find guidance on what differentiates these courses from other financial education options available today.

- Overview of Grant Sabatier Courses
- Key Features and Curriculum
- Benefits of Enrolling in Grant Sabatier Courses
- Who Should Take These Courses?
- Enrollment Process and Pricing
- Tips for Maximizing Course Outcomes

Overview of Grant Sabatier Courses

Grant Sabatier courses are designed to teach individuals how to accelerate their journey toward financial independence through smart money management and investment strategies. These courses are rooted in Sabatier's personal experiences and success in achieving early retirement, making them relatable and practical. The curriculum typically includes modules on budgeting, saving techniques, side hustles, investing basics, and mindset shifts necessary to sustain long-term financial health. Grant's approach combines behavioral finance insights with actionable steps, enabling learners to implement changes immediately. These courses are available in various formats including video lessons, downloadable resources, and interactive worksheets to cater to different learning preferences.

Course Formats and Delivery

Grant Sabatier courses are delivered primarily online, allowing students worldwide to access the material at their convenience. The courses often include video lectures, quizzes, and assignments to reinforce learning. Some offerings also provide community access where students can engage with peers and receive support. This flexible format ensures that learners can progress at their own pace while benefiting from a structured curriculum.

Background of Grant Sabatier

Grant Sabatier is a personal finance advocate best known for his book and blog centered on financial independence and early retirement. His expertise stems from his personal journey of transforming from financial struggle to millionaire status within a few years. His courses are an extension of his mission to democratize financial education and help others replicate his success through proven strategies and disciplined money management.

Key Features and Curriculum

The core content of grant sabatier courses is comprehensive, covering essential financial topics with depth and clarity. The curriculum is structured to build knowledge progressively, starting with fundamental principles and moving towards advanced investment tactics.

Core Modules

- **Budgeting and Expense Tracking:** Techniques to monitor and control spending effectively.
- **Saving Strategies:** Innovative methods to increase savings rate and reduce unnecessary expenses.
- **Side Hustles and Passive Income:** Identifying opportunities to generate additional revenue streams.
- **Investing Basics:** Introduction to stocks, bonds, real estate, and index funds.
- **Mindset and Behavioral Finance:** Cultivating habits and attitudes that support long-term financial success.
- **Retirement Planning:** Steps to plan and achieve early retirement goals.

Supplementary Materials

Students receive access to downloadable PDFs, budgeting templates, investment calculators, and recommended reading lists. These materials enhance understanding and facilitate practical application of course concepts.

Benefits of Enrolling in Grant Sabatier Courses

Grant Sabatier courses offer several advantages for individuals aiming to improve their financial literacy and accelerate wealth accumulation. The benefits extend beyond the acquisition of knowledge to include practical tools and community support.

Comprehensive Financial Education

The courses provide a thorough education that covers both the theoretical and practical aspects of personal finance. This well-rounded approach ensures learners are prepared to make informed decisions regarding their money.

Actionable Strategies

Unlike generic financial advice, grant sabatier courses emphasize actionable steps that can be implemented immediately. This hands-on methodology helps learners see progress quickly, boosting motivation and confidence.

Community and Support

Many courses include access to online groups or forums where participants can share experiences, ask questions, and receive guidance. This community aspect enhances the learning experience and fosters accountability.

Flexibility and Accessibility

Since the courses are offered online, they are accessible to a broad audience regardless of geographic location or schedule constraints. Learners can revisit material as needed to reinforce their understanding.

Who Should Take These Courses?

Grant Sabatier courses cater to a diverse audience, including beginners and those with some financial knowledge who seek to deepen their expertise. These programs are particularly beneficial for individuals committed to achieving financial independence and early retirement.

Target Audience

- Young professionals looking to build wealth quickly.
- Individuals interested in side hustles and passive income streams.
- People seeking to improve budgeting and saving habits.
- Anyone wanting to understand investment fundamentals.
- Those planning for early retirement or greater financial freedom.

Prerequisites

Most grant sabatier courses do not require prior financial expertise, making them accessible for beginners. However, a willingness to engage with the

material and apply the lessons is essential for success.

Enrollment Process and Pricing

Enrolling in grant sabatier courses is straightforward, with registration typically handled through the official course platform. Pricing varies depending on the course depth, content, and included resources.

How to Enroll

Prospective students can sign up by creating an account on the course website, selecting their desired program, and completing payment. Some courses may offer free introductory lessons or trial periods.

Cost and Payment Options

The cost of grant sabatier courses ranges from affordable entry-level prices to premium packages that include one-on-one coaching or extended support. Payment plans may be available to accommodate different budgets.

Tips for Maximizing Course Outcomes

To gain the most benefit from grant sabatier courses, learners should adopt effective study habits and actively apply the knowledge gained.

Set Clear Financial Goals

Defining specific, measurable financial objectives helps maintain focus and motivates consistent effort throughout the course.

Create a Study Schedule

Allocating regular time for course work ensures steady progress and better retention of information.

Engage with the Community

Participating in forums and discussion groups can provide additional insights, clarify doubts, and foster accountability.

Implement Lessons Promptly

Applying strategies such as budgeting changes or investment steps immediately reinforces learning and accelerates financial improvement.

Frequently Asked Questions

Who is Grant Sabatier and what type of courses does he offer?

Grant Sabatier is a personal finance expert and author known for his expertise in financial independence and early retirement. He offers courses focused on money management, investing, and achieving financial freedom.

What topics are covered in Grant Sabatier's courses?

Grant Sabatier's courses typically cover topics such as budgeting, saving strategies, investing basics, side hustles, financial independence, and retirement planning.

Are Grant Sabatier's courses suitable for beginners in personal finance?

Yes, many of Grant Sabatier's courses are designed for beginners and provide step-by-step guidance to help individuals improve their financial literacy and start their journey toward financial independence.

Where can I enroll in Grant Sabatier's courses?

Grant Sabatier's courses are available on his official website and platforms like Udemy or Skillshare, where you can sign up and access the course materials online.

How much do Grant Sabatier's courses cost?

The cost of Grant Sabatier's courses varies depending on the platform and course content, ranging from free introductory lessons to paid comprehensive programs, typically between \$50 and \$300.

Do Grant Sabatier's courses include personalized coaching or community support?

Some of Grant Sabatier's courses offer access to community forums, group coaching sessions, or personalized support to help learners stay motivated and get answers to their financial questions.

Additional Resources

1. *Financial Freedom: A Proven Path to Early Retirement*

This book delves into the principles of achieving financial independence quickly by optimizing savings and investments. It aligns closely with Grant Sabatier's teachings on accelerating wealth-building through smart financial decisions and disciplined habits. Readers will find actionable strategies to reduce expenses, boost income, and make their money work efficiently. It's a comprehensive guide for anyone wanting to retire early and live life on their own terms.

2. Money Mastery: Taking Control of Your Financial Future

Focused on mastering personal finance fundamentals, this book provides practical advice on budgeting, saving, and investing wisely. It complements Grant Sabatier's courses by emphasizing the mindset shifts necessary to overcome financial challenges. The author breaks down complex concepts into understandable steps, making it easier for readers to implement lasting money habits. It's ideal for those seeking a solid foundation for long-term wealth.

3. The Side Hustle Blueprint: Creating Multiple Income Streams

This title explores various strategies to develop side businesses and additional income sources, a key component of Grant Sabatier's approach. It offers creative ideas and actionable plans for boosting earnings beyond a traditional job. Readers will learn how to identify opportunities, manage time effectively, and scale their side hustles successfully. The book encourages entrepreneurial thinking to accelerate financial growth.

4. Invest Smart: Building Wealth with Confidence

Providing a clear and concise introduction to investing, this book aligns with Grant Sabatier's emphasis on making informed investment choices. It covers essential investment vehicles, risk management, and portfolio diversification strategies. The author aims to demystify investing for beginners and help readers build a robust financial future. It's a valuable resource for those ready to grow their wealth through the stock market and other assets.

5. Frugal Living for Financial Independence

This book highlights the importance of mindful spending and frugality as tools to achieve early financial independence, echoing key themes in Grant Sabatier's work. It offers practical tips for cutting costs without sacrificing quality of life. Readers will discover how intentional money management can fast-track their journey to financial freedom. It's perfect for anyone looking to optimize their budget and save more effectively.

6. The Millionaire Mindset: Psychology of Wealth

Exploring the mental and emotional aspects of wealth-building, this book complements Grant Sabatier's focus on mindset transformation. It delves into habits, beliefs, and attitudes that set financially successful people apart. The author provides exercises and reflections to help readers cultivate a wealth-oriented mindset. This book is essential for those who understand that financial success starts from within.

7. Retire Early, Live Fully: Strategies for Financial Independence

This book offers a step-by-step guide to retiring early by combining smart saving, investing, and lifestyle design. It shares inspirational stories and practical advice similar to the principles taught in Grant Sabatier's courses. Readers will learn how to set clear goals, track progress, and maintain motivation throughout their financial journey. It's an empowering resource for anyone dreaming of freedom from the 9-to-5 grind.

8. Credit and Debt Management for Financial Health

Focusing on managing and eliminating debt, this book provides strategies to improve credit scores and regain control over finances. It complements Grant Sabatier's teachings on financial discipline and responsible money management. The author explains how to avoid common pitfalls and use credit wisely to support long-term financial goals. It's a must-read for individuals seeking to strengthen their financial foundation.

9. Passive Income Playbook: Earning Money While You Sleep

This book explores various passive income streams, such as real estate,

dividends, and online businesses, aligning with Grant Sabatier's advocacy for diversified income. It provides practical steps to set up and maintain income sources that require minimal ongoing effort. Readers will gain insights into building sustainable cash flow to support financial independence. It's ideal for those aiming to create wealth with greater freedom and flexibility.

Grant Sabatier Courses

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grant sabatier courses: *The Provost's Handbook* James Martin, James E. Samels, 2015-04-15 A go-to resource to help provosts, deans, presidents, and trustees effectively meet the challenges of leading a college or university. As the chief academic officer, the provost plays the central role in the contemporary university or college. He or she leads the faculty and serves as their key representative to the administration while simultaneously acting as the administration's spokesperson to the academic faculty. How has this essential leadership position evolved over the past few decades, and what are the best practices to adopt for succeeding in specific operational areas? In seventeen essays written by some of the most successful chief academic officers in the United States, *The Provost's Handbook* outlines key topics related to the changing environment of higher education while explaining what constitutes effective leadership at the college and university level. How, for example, does the provost lead in a time of disruption and shifting needs? What skills should he or she nurture in new faculty? What role should data and institutional research play in decision making? How can a provost navigate the often stormy situations of shared governance? These questions—and many more challenges presented by this role—are addressed in this essential volume. Assembled by James Martin and James E. Samels, accomplished authors and scholars of leadership in higher education, *The Provost's Handbook* is destined to become the go-to resource for deans, presidents, trustees, and chief academic officers everywhere.

grant sabatier courses: *Simplify Your Financial Life* Dawn G. Starks, 2020-03-31 Who says your financial life has to be hard? It can be simple—just make a date with your money, and you'll be on your way! It turns out that many of us have spent years being fed inaccurate information about how money works and about our abilities to manage it. Author Dawn Starks, a CERTIFIED FINANCIAL PLANNERTM practitioner and financial advisor, is here to change those beliefs and prove that managing our money is not as difficult as we've been led to believe. When she established her financial planning firm in 1999, her goal was to streamline the financial planning process for her clients. Now she has compiled her best tips to help you. Are you eager to shed the notion that managing money is hard? Would you like to put your financial life on a better track? Then this book is for you. *Simplify Your Financial Life* contains 104 lively, accessible tips that illustrate how we can change our mindsets, lay good foundations, get organized, and create easy-to-implement systems so that we can stop worrying and spend more time doing the things in life we love. Tips on budgeting, spending, getting out of debt, saving, and investing fill out this friendly volume for people at any stage of life. In addition to her commitment to simplifying financial planning, Dawn has embraced the personal benefits of minimalism and simple living. In 2018, she launched her online business, SimpleMoney, where she writes and teaches about personal finance while sharing the benefits that simple living and minimalism can bring.

grant sabatier courses: *The Minimalist Guide to Financial Freedom* C. Cushman, 2024-08-03

Unlock the path to financial freedom with *The Minimalist Guide to Financial Freedom: Simplify, Save, Succeed*. This comprehensive guide is designed for beginners and intermediates alike, offering practical advice, real-life examples, and actionable steps to help you achieve financial independence. Whether you are just starting your financial journey or looking to refine your strategy, this book provides the tools and insights you need to simplify your finances, save effectively, and succeed in your financial goals.

Key Features:

- Mindful Consumption:** Learn how to be intentional about what you buy and consume, focusing on what truly matters and reducing unnecessary expenses.
- Sustainable Living:** Discover the benefits of sustainable and eco-friendly choices that not only help the planet but also your wallet.
- Frugal Living Tips:** Get practical tips for living a frugal yet fulfilling life, making the most of your resources without compromising on quality.
- Health and Wellness:** Understand the importance of maintaining a healthy lifestyle for financial freedom, and how good health can reduce long-term expenses.
- Creating a Budget:** Master different budgeting methods, learn how to track expenses, and adjust your budget to stay on track with your financial goals.
- Debt Reduction Strategies:** Explore various debt reduction strategies, including the snowball and avalanche methods, to eliminate debt efficiently and avoid future debt traps.
- Saving and Investing:** Discover the importance of having an emergency fund, different types of investments, and effective investment strategies for long-term wealth building.
- Increasing Your Income:** Learn about side hustles, career advancement tips, passive income ideas, and ways to monetize your hobbies.
- Financial Planning for the Future:** Plan for a secure retirement, understand necessary insurance types and coverage, and grasp the basics of estate planning.
- Maintaining Financial Freedom:** Stay motivated, continuously improve your financial education, regularly review and adjust your financial plans, and share your knowledge with others.

Why This Book? *The Minimalist Guide to Financial Freedom* is not just a financial guide; it's a comprehensive roadmap to achieving and maintaining financial independence. The book is filled with:

- Real-Life Examples:** Learn from inspiring success stories of individuals who achieved financial freedom through minimalism.
- Actionable Steps:** Get practical advice and steps that you can implement immediately to start your journey towards financial freedom.
- Comprehensive Coverage:** From budgeting and debt reduction to investing and planning for the future, this book covers all aspects of personal finance.
- For All Levels:** Whether you are a beginner looking to understand the basics or an intermediate seeking to refine your strategies, this book provides valuable insights for everyone.
- Expert Tips:** Benefit from expert advice and proven strategies to simplify your financial life and achieve your goals.
- Additional Resources:** At the end of the book, you'll find a curated list of additional resources and recommendations for further reading, including top websites and best-selling books on financial planning and maintaining financial freedom. These resources will help you continue your financial education and stay motivated on your journey.

grant sabatier courses: *People of Color in the United States* Kofi Lomotey, Pamela Braboy Jackson, Muna Adem, Paulina X. Ruf, Valire Carr Copeland, Alvaro Huerta, Norma Iglesias-Prieto, Donathan L. Brown, 2016-10-17 This expansive, four-volume ready-reference work offers critical coverage of contemporary issues that impact people of color in the United States, ranging from education and employment to health and wellness and immigration. *People of Color in the United States: Contemporary Issues in Education, Work, Communities, Health, and Immigration* examines a wide range of issues that affect people of color in America today, covering education, employment, health, and immigration. Edited by experts in the field, this set supplies current information that meets a variety of course standards in four volumes. Volume 1 covers education grades K-12 and higher education; volume 2 addresses employment, housing, family, and community; volume 3 examines health and wellness; and volume 4 covers immigration. The content will enable students to better understand the experiences of racial and ethnic minorities as well as current social issues and policy. The content is written to be accessible to a wide range of readers and to provide ready-reference content for courses in history, sociology, psychology, geography, and economics, as well as curricula that address immigration, urbanization and industrialization, and contemporary American society.

grant sabatier courses: Higher Education in the Era of the Fourth Industrial Revolution Nancy W. Gleason, 2018-06-21 This open access collection examines how higher education responds to the demands of the automation economy and the fourth industrial revolution. Considering significant trends in how people are learning, coupled with the ways in which different higher education institutions and education stakeholders are implementing adaptations, it looks at new programs and technological advances that are changing how and why we teach and learn. The book addresses trends in liberal arts integration of STEM innovations, the changing role of libraries in the digital age, global trends in youth mobility, and the development of lifelong learning programs. This is coupled with case study assessments of the various ways China, Singapore, South Africa and Costa Rica are preparing their populations for significant shifts in labour market demands – shifts that are already underway. Offering examples of new frameworks in which collaboration between government, industry, and higher education institutions can prevent lagging behind in this fast changing environment, this book is a key read for anyone wanting to understand how the world should respond to the radical technological shifts underway on the frontline of higher education.

grant sabatier courses: Writers' & Artists' Yearbook 2025 Bloomsbury Publishing, 2024-08-29 'What is your best investment? Buying a copy of the Writers' & Artists' Yearbook.' Kimberley Chambers This bestselling Writers' & Artists' Yearbook contains a wealth of information on all aspects of writing and becoming a published author, plus a comprehensive directory of media contacts. Packed with practical tips, it includes expert advice from renowned authors and industry insiders on: - submitting to agents and publishers - writing non-fiction and fiction across different genres and formats - poetry, plays, broadcast media and illustration - marketing and self-publishing - legal and financial information - writing prizes and festivals. Revised and updated annually, the Yearbook includes thousands of industry contacts and over 80 articles from writers of all forms and genres, including award-winning novelists, poets and playwrights, scriptwriters for TV, radio and videogames. If you want to find a literary or illustration agent or publisher, would like to self-publish or to crowdfund your creative idea then this Yearbook will help you. New content for this edition includes articles on If at first you don't succeed ... by Jessica Irena Smith, The importance of story development by Greg Mosse, Writing for readers by Rachel McLean, Creating a poetry comic by Chrissy Williams, Ghosting: writing other people's stories by Gillian Stern, Romantic motifs by Sue Moorcroft, How a publicist can help you by Hannah Hargrave, Writing across forms by Rob Gittins, Pitching your travel ideas by Jen & Sim Benson, The hybrid author by Simon McLeave. 'The wealth of information is staggering.' The Times

grant sabatier courses: Your Journey to Financial Freedom Jamila Souffrant, 2023-12-05 *A Next Big Idea Club December 2023 Must-Read* Podcaster Jamila Souffrant shows how to skyrocket your savings, blast through debt and ultimately accelerate your unique and truly epic journey to financial freedom and independence Our fast-paced world prioritizes the productive busybody—financial security always seems to rule over the insatiable hankering for a Friday night splurge. However, Jamila Souffrant argues that you can in fact spend and save responsibly, all while enjoying that extra side of guacamole. In this book, Jamila will teach you how to: Determine which of the 5 “Journeyer” stages you fall into and how you should be evaluating your spending and saving goals accordingly Map out different scenarios to quit your job, retire early, and reach financial independence Downsize costly daily expenses in ways you never considered, and spend more in ways that bring you joy Create an effective debt payoff plan that works for you As a wife, mother of three and first-generation Jamaican immigrant, Jamila knows all too well the struggles of saving for tomorrow while spending liberally today. Now, in her first book, Jamila offers her seasoned expertise in Your Journey to Financial Freedom, providing readers with the resources they need to not only save for cake but eat it, too.

grant sabatier courses: Why Are Dumb People Richer Than You? Laban T. M'bololo Esq., 2019-09-29 Worldly decisions by those wielding power to set rules make things happen the way they do and can't even sometimes guarantee the desired results yet they are inevitable. We are not residing in the best of times as things are spiraling out of control around the world and if different

decisions had been made the world would peradventure been a better place. Be that as it may, we need to question whether decisions made by the rich and powerful follow sound reasoning. Only by doing this is when we can enforce remedial action from governments, corporations and international organizations. Without our intervention, we will always be victims of those who possess greater abilities to make decisions and who tell us things happen the way they do and that nothing can be done about them however unjust and unpleasant they may seem. "Why are Dumb People RICHER than You?," is more than an introductory economics textbook, a lot easier, accessible to non-specialist readers and will give you deep insights on how to confront these issues and highlights how the world works and how it can be made to work better. Unless we comprehend this, we will not be able to champion for our own interests, let alone doing the common good as active economic citizens and what some Dumb people have been doing to IMPROVE their fortunes that far surpasses actions of the quick-witted.

grant sabatier courses: The Latte Factor David Bach, John David Mann, 2019-05-07
INSTANT NEW YORK TIMES, USA TODAY, WALL STREET JOURNAL, AND INTERNATIONAL BESTSELLER Discover #1 New York Times bestselling author David Bach's three secrets to financial freedom in an engaging story that will show you that you are richer than you think. Drawing on the author's experiences teaching millions of people around the world to live a rich life, this fast, easy listen reveals how anyone—from millennials to baby boomers—can still make his or her dreams come true. In this compelling, heartwarming parable, Bach and his bestselling coauthor John David Mann (The Go-Giver) tell the story of Zoey, a twenty-something woman living and working in New York City. Like many young professionals, Zoey is struggling to make ends meet under a growing burden of credit card and student loan debt, working crazy hours at her dream job but still not earning enough to provide a comfortable financial cushion. At her boss's suggestion, she makes friends with Henry, the elderly barista at her favorite Brooklyn coffee shop. Henry soon reveals his "Three Secrets to Financial Freedom," ideas Zoey dismisses at first but whose true power she ultimately comes to appreciate. Over the course of a single week, Zoey discovers that she already earns enough to secure her financial future and realize her truest dreams—all she has to do is make a few easy shifts in her everyday routine. The Latte Factor demystifies the secrets to achieving financial freedom, inspiring you to realize that it's never too late to reach for your dreams. By following the simple, proven path that Henry shows Zoey, anyone can make small changes today that will have big impact for a lifetime, proving once again that "David Bach is the financial expert to listen to when you're intimidated by your finances" (Tony Robbins, #1 New York Times bestselling author of Money: Master the Game).

grant sabatier courses: Guide to Literary Agents 2019 Robert Lee Brewer, 2018-09-14 THE BEST RESOURCE AVAILABLE FOR FINDING A LITERARY AGENT No matter what you're writing--fiction or nonfiction, books for adults or children--you need a literary agent to get the best book deal possible from a traditional publisher. Guide to Literary Agents 2019 is your go-to resource for finding that literary agent and earning a contract from a reputable publisher. Along with listing information for more than 1,000 agents who represent writers and their books, the 28th edition of GLA includes: • The key elements of a successful nonfiction book proposal. • Informative articles on crafting the perfect synopsis and detailing what agents are looking for in the ideal client--written by actual literary agents. • Plus, debut authors share their varied paths to finding success and their first book publications.

grant sabatier courses: Your Money or Your Life Vicki Robin, Joe Dominguez, 2008-12-10 A fully revised edition of one of the most influential books ever written on personal finance with more than a million copies sold "The best book on money. Period." -Grant Sabatier, founder of "Millennial Money," on CNBC Make It This is a wonderful book. It can really change your life. -Oprah For more than twenty-five years, Your Money or Your Life has been considered the go-to book for taking back your life by changing your relationship with money. Hundreds of thousands of people have followed this nine-step program, learning to live more deliberately and meaningfully with Vicki Robin's guidance. This fully revised and updated edition with a foreword by the Frugal Guru (New Yorker)

Mr. Money Mustache is the ultimate makeover of this bestselling classic, ensuring that its time-tested wisdom applies to people of all ages and covers modern topics like investing in index funds, managing revenue streams like side hustles and freelancing, tracking your finances online, and having difficult conversations about money. Whether you're just beginning your financial life or heading towards retirement, this book will show you how to: • Get out of debt and develop savings • Save money through mindfulness and good habits, rather than strict budgeting • Declutter your life and live well for less • Invest your savings and begin creating wealth • Save the planet while saving money • ...and so much more! The seminal guide to the new morality of personal money management. -Los Angeles Times

grant sabatier courses: The Mindful Millionaire: Overcome Scarcity, Experience True Prosperity, and Create the Life You Really Want | Epic ways to make money Leisa Peterson, 2024-04-08 Dig deeper and discover the root of your financial thinking to change not just the way you save and spend, but the way you live your life. Through a combination of self-awareness, breaking free of money shame and providing yourself with ultimate self-compassion, you can be THE MINDFUL MILLIONAIRE. This book will help you break the mindset of scarcity and help you achieve your financial dreams. Learn to: - Break the cycle of fear, grief and shame that often surrounds your money habits. - Write a new money story that inspires joy, satisfaction and prosperity. - Stop financial self-sabotage and procrastination. - Exercise practical financial advice without missing the mark. - Discover the millionaire within

grant sabatier courses: The Mindful Millionaire Leisa Peterson, 2020-07-14 "Leisa has a truly unique gift and has designed a path that will transform your relationship with money."—Grant Sabatier, author of Financial Freedom and creator of Millennial Money In the world of personal finance the biggest challenge is the sense that there's never going to be enough. It is this mindset of scarcity, and not the amount spent on lattes, that holds people back the most from achieving their financial dreams. Using techniques she's developed as a financial planner and spiritual coach, Leisa Peterson guides you to dig deeper and discover the root of your financial thinking to change not just the way you save and spend, but the way you live your life. Through powerful practices, compelling stories and extensive research, The Mindful Millionaire meets you wherever you are in your money journey by exploring: *Where your current money habits come from and why you feel the way you do about money and success. *How to break the cycle of fear, grief, and shame that often surrounds your money habits. *How to write a new money story that inspires joy, satisfaction and prosperity. *Why wealth building isn't just about positive thinking and "manifesting" things into reality. *How to stop financial self-sabotage and procrastination. *Where practical financial advice misses the mark. *The most effective tools for changing how you think and feel about money. *What true financial independence looks like and how to discover the millionaire within. "This book helps you realize your intrinsic value so your financial decisions reflect what matters most to you. This is the key to true financial freedom.—Ivan R. Misner, Ph.D., Founder of BNI and New York Times bestselling author of Truth or Delusion? Busting Networking's Biggest Myths "If you've read other finance books and still felt empty, this is the book you've been waiting for."—Joe Saul-Sehy, Creator and Co-Host, Stacking Benjamins Podcast

grant sabatier courses: What's Keeping You Broke? The Simple Sum, 2024-11-04 Entertaining and Easy-to-Understand Guide to Reshape Your Approach to Finances and Live Your Best Life Financial well-being goes beyond what you earn—What's Keeping You Broke? An Illustrated Guide to Financial Freedom by The Simple Sum helps you uncover the not-so-obvious forces undermining your financial goals. It shares tips on how to better manage your finances and steer your relationship with money in the right direction. Written in plain language that anyone can understand, this book: Provides ways to make your money work for you to help you write a new story about your financial health Includes helpful examples, quizzes, and templates you need to improve your financial literacy, build financial resilience, and ultimately attain financial independence. Enables you to transform your approach to finances and wealth creation. If you think simply hoarding cash and playing it safe with your money seems effective, then this book will change your

perspective on doing that. It also provides enlightening and perspective-shifting psychological insight to help you understand what to do and why it should be done. Fun, inviting, yet practical and highly effective, *What's Keeping You Broke?* earns a well-deserved spot on the bookshelves of all individuals seeking easy-to-understand expert insight on how to create their ideal financial lives with what they presently have.

grant sabatier courses: *Playing with FIRE (Financial Independence Retire Early)* Scott Rieckens, 2019-01-01 What if a happier life was only a few simple choices away? A successful entrepreneur living in Southern California, Scott Rieckens had built a “dream life”: a happy marriage, a two-year-old daughter, a membership to a boat club, and a BMW in the driveway. But underneath the surface, Scott was creatively stifled, depressed, and overworked trying to help pay for his family’s beach-town lifestyle. Then one day, Scott listened to a podcast interview that changed everything. Five months later, he had quit his job, convinced his family to leave their home, and cut their expenses in half. Follow Scott and his family as they devote everything to FIRE (financial independence retire early), a subculture obsessed with maximizing wealth and happiness. Filled with inspiring case studies and powerful advice, *Playing with FIRE* is one family’s journey to acquire the one thing that money can’t buy: a simpler — and happier — life. Based on the documentary

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