

history of judo

history of judo traces the origins and development of one of the most popular martial arts in the world. Established in Japan in the late 19th century, judo evolved from traditional jujitsu techniques into a modern sport and discipline emphasizing technique, balance, and efficiency. This article explores the foundation of judo, its founder Jigoro Kano, and how the practice has expanded globally. The evolution of judo from a self-defense system to an Olympic sport highlights its cultural and athletic significance. The history of judo also reflects broader changes in Japanese society and international sports. A detailed examination of key events and milestones will provide insight into how judo has influenced martial arts worldwide. This comprehensive overview will cover the origins, development, international spread, and modern status of judo.

- Origins of Judo
- Jigoro Kano and the Foundation of Judo
- Development of Judo Techniques and Philosophy
- Judo's Global Expansion
- Judo as an Olympic Sport
- Modern Judo and Its Influence

Origins of Judo

The history of judo begins in Japan during the late 1800s, a period when traditional martial arts were undergoing significant transformation. Judo's roots lie in jujitsu, a classical Japanese martial art focused on grappling, joint locks, and throws. Various schools of jujitsu existed, each with distinct techniques and philosophies. These schools emphasized battlefield combat skills that were practical for samurai warriors.

With the Meiji Restoration and modernization of Japan, many traditional martial arts declined in popularity. However, some practitioners sought to preserve and adapt these arts to suit new societal needs. The history of judo reflects this transition as it emerged as a refined and systematized martial art, combining effective techniques with educational principles.

Traditional Jujitsu Schools

Several classical jujitsu schools contributed to the foundation of judo, including Tenjin Shinyo-ryu and Kito-ryu. These schools specialized in techniques such as throws, pins, and submission holds. The knowledge and methods from these schools were instrumental in shaping the new art of judo.

- **Tenjin Shinyo-ryu:** Known for its emphasis on Atemi (striking) and joint manipulation.

- **Kito-ryu:** Focused on throwing techniques and principles of balance and movement.

Martial Arts in Meiji Japan

The Meiji era marked a shift from feudal warfare to modernization, diminishing the role of samurai combat. Martial arts were reevaluated, with many becoming more sport-oriented or educational. The history of judo is intertwined with this cultural shift, as it was designed to promote physical education, moral development, and practical self-defense.

Jigoro Kano and the Foundation of Judo

The history of judo is inseparable from its founder, Jigoro Kano, who created judo in 1882. Kano was a scholar and martial artist who sought to develop a martial art that was both effective and conducive to character building. Dissatisfied with the limitations and dangers of traditional jujitsu, Kano synthesized techniques and introduced a new philosophy emphasizing maximum efficiency and mutual welfare.

Kano established the Kodokan Judo Institute in Tokyo, which became the central hub for teaching and promoting judo worldwide. His efforts transformed judo into a systematized discipline with standardized rules and ranking systems.

Kano's Educational Philosophy

Kano believed judo was more than physical combat; it was a way to cultivate discipline, respect, and perseverance. His motto, "Seiryoku Zenyo" (maximum efficiency with minimum effort) and "Jita Kyoei" (mutual welfare and benefit), reflects the integration of physical and moral education in judo practice.

Establishment of the Kodokan

The Kodokan served as the first formal dojo dedicated to judo. Kano's teaching methods and curriculum emphasized safe practice, progressive training, and competition. The Kodokan also helped standardize techniques and introduced the colored belt ranking system that is now common in martial arts.

Development of Judo Techniques and Philosophy

The evolution of judo techniques and philosophy was crucial in distinguishing it from its jujitsu origins. Kano refined and adapted techniques to promote safety, effectiveness, and educational value. Throws (nage-waza), groundwork (ne-waza), and grappling became central components of judo training.

The history of judo also encompasses the codification of rules and the emphasis on randori (free practice), which allows practitioners to apply techniques in a controlled sparring environment.

Technical Innovations

Judo introduced several technical innovations, including:

- Standardized throwing techniques classified by body movement and grip.
- Emphasis on balance breaking (kuzushi) as a fundamental principle.
- Incorporation of groundwork techniques such as pins, joint locks, and chokes.

Philosophical Principles

The philosophy of judo promotes harmony, personal growth, and respect for others. Kano's principles encourage practitioners to use their skills responsibly and foster a positive community. This emphasis on character development differentiates judo from many other combat sports.

Judo's Global Expansion

Following its establishment in Japan, judo rapidly spread internationally during the 20th century. The history of judo's global expansion is marked by the establishment of judo organizations, international competitions, and widespread adoption in educational institutions.

Judo's accessibility and structured training attracted practitioners worldwide, leading to the formation of national judo federations across Europe, the Americas, and Asia.

Formation of International Judo Organizations

Key developments in judo's international growth include:

1. Founding of the International Judo Federation (IJF) in 1951 to oversee global competitions and unify rules.
2. Introduction of judo in schools and universities worldwide, promoting physical education.
3. Growth of judo clubs and dojos outside Japan, fostering cultural exchange.

Influence on Other Martial Arts

Judo's techniques and philosophy influenced the development of other martial arts, including Brazilian Jiu-Jitsu and Sambo. Its focus on grappling and leverage reshaped modern martial arts training and competition.

Judo as an Olympic Sport

The history of judo's inclusion in the Olympic Games marks a significant milestone in its recognition as a global sport. Judo made its Olympic debut at the 1964 Tokyo Games, symbolizing Japan's cultural heritage and the sport's international appeal.

Since then, judo has been a regular Olympic event, showcasing its competitive sport format and attracting athletes from around the world.

1964 Tokyo Olympics

The 1964 Games marked the first time judo was featured as an official Olympic sport. The event demonstrated judo's athletic rigor and helped popularize it globally. Japanese judokas dominated the competition, highlighting the sport's roots.

Evolution of Olympic Judo

Over subsequent decades, Olympic judo evolved with changes to weight classes, rules, and scoring systems to ensure fairness and spectator engagement. Women's judo was introduced as a demonstration sport in 1988 and became an official Olympic event in 1992, broadening judo's inclusivity.

Modern Judo and Its Influence

Today, the history of judo continues to evolve as the sport adapts to contemporary challenges and opportunities. Judo remains a popular martial art practiced by millions worldwide, valued for its physical, mental, and social benefits.

Modern judo emphasizes competition, self-defense, and personal development, with ongoing innovations in training methods and sports science.

Judo in Education and Self-Defense

Judo is widely incorporated into school curriculums and community programs, promoting discipline and fitness. Its practical self-defense techniques make it a preferred choice for law enforcement and military training.

Competitive Judo Today

International tournaments, such as the World Judo Championships and the Olympic Games, showcase the highest levels of skill and strategy in judo. The sport's governing bodies continue to refine rules to maintain fairness and safety while enhancing its spectator appeal.

Frequently Asked Questions

Who founded the martial art of Judo?

Judo was founded by Jigoro Kano in 1882 in Japan.

What was the main purpose behind the creation of Judo?

Judo was created as a physical, mental, and moral pedagogy aimed at promoting self-improvement and discipline through martial arts training.

How did Judo evolve from traditional Japanese jujutsu?

Judo evolved by emphasizing throws and groundwork while removing dangerous techniques, focusing on safety and education rather than combat.

When was Judo first introduced as an Olympic sport?

Judo was first included in the Olympic Games in 1964 during the Tokyo Summer Olympics.

What are the key principles that Jigoro Kano emphasized in Judo?

Jigoro Kano emphasized the principles of 'Maximum Efficiency with Minimum Effort' and 'Mutual Welfare and Benefit' in Judo.

How did Judo spread internationally after its creation?

Judo spread internationally through Kano's students who traveled abroad, the establishment of judo clubs worldwide, and its inclusion in international competitions.

What role did the Kodokan play in the history of Judo?

The Kodokan, founded by Jigoro Kano, served as the central institute for teaching, developing, and promoting Judo globally.

How did Judo influence other martial arts and combat sports?

Judo influenced other martial arts and combat sports by contributing techniques, training methods, and the concept of sport jujutsu, impacting Brazilian Jiu-Jitsu and mixed martial arts.

What changes were made to Judo rules to make it more suitable as a sport?

Rules were introduced to prohibit dangerous techniques, emphasize scoring through throws and holds, and enforce safety measures to make Judo a competitive and spectator-friendly sport.

How has the history of Judo reflected cultural exchange between Japan and the world?

Judo's history showcases cultural exchange as it originated in Japan but was adapted and embraced globally, promoting Japanese culture and fostering international understanding through martial arts.

Additional Resources

1. *Judo History: The Roots of the Gentle Way*

This book explores the origins of judo, tracing its foundation back to Jigoro Kano in late 19th century Japan. It delves into Kano's philosophy and how he integrated traditional jujutsu techniques into a new martial art focused on efficiency and mutual welfare. The book provides historical context about Japan during Kano's time and how judo evolved from a physical practice to a global sport.

2. *The Evolution of Judo: From Dojo to Olympic Stage*

Covering judo's journey from a small dojo in Tokyo to an internationally recognized Olympic sport, this book chronicles major milestones in judo's expansion. It highlights key figures, competitions, and rule changes that shaped the sport. Readers gain insight into the challenges and triumphs faced by practitioners as judo spread worldwide.

3. *Jigoro Kano and the Birth of Modern Judo*

A biographical account focusing on Jigoro Kano's life, this book examines his innovative approach to martial arts and education. It discusses Kano's vision of judo as a means for physical education, character development, and international peace. The narrative also touches on Kano's efforts to promote judo beyond Japan's borders.

4. *Judo in Japan: Tradition and Transformation*

This volume investigates the cultural and social influences on judo within Japan throughout the 20th century. It addresses how judo reflected broader societal changes, including post-war reconstruction and modernization. The book also considers the role of judo in Japanese identity and education systems.

5. *Global Judo: Spread and Adaptation Across Continents*

Focusing on judo's introduction and adaptation in various countries, this book describes how different cultures embraced and modified judo practices. It includes stories from Europe, the Americas, and Asia, showing judo's impact on martial arts communities worldwide. The text discusses the balance between preserving tradition and accommodating local customs.

6. *The Competitive Spirit: Judo's Rise in International Sports*

This book centers on the development of judo as a competitive sport, detailing the establishment of international federations and major tournaments. It explores the strategic evolution of techniques and training regimes as judo athletes strove for excellence. The book also highlights memorable Olympic moments and legendary competitors.

7. *Women in Judo: Breaking Barriers and Making History*

Highlighting the contributions and struggles of female judokas, this book traces the history of women's participation in judo. It covers milestones such as the inclusion of women's judo in world championships and the Olympics. The book celebrates pioneering women who challenged gender norms and expanded opportunities within the sport.

8. *Judo Philosophy and History: The Interplay of Mind and Technique*

This work examines the philosophical underpinnings of judo alongside its historical development. It discusses concepts like “maximum efficiency” and “mutual welfare” and how these ideas influenced judo’s practice and teaching. Readers are invited to consider judo not just as a physical discipline but as a way of life.

9. *From Samurai to Sport: The Historical Journey of Judo Techniques*

Tracing the lineage of judo techniques back to samurai-era jujutsu schools, this book reveals the martial heritage embedded in judo’s movements. It explains how traditional combat methods were refined and codified into the judo curriculum. The book also discusses technical innovations and the preservation of classical forms within modern practice.

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history of judo: *A History of Judo* Syd Hoare, 2008-12

history of judo: *Judo Memoirs of Jigoro Kano* Brian N. Watson, 2008-10-03 In 1882, Kano opened his Kodokan dojo in Tokyo, where he taught jujutsu to his first class of nine students. His choice of the name Kodokan symbolizes precocity in one so young and is highly significant, for it means the institute where one is guided along the road to follow in life, that is to say, a road that one travels as a means of self-cultivation, which Kano regarded as the optimum way to live one's life. This cultivation, however, can only be attained following long years of training made with vigorous exertion in an effort to reach the ultimate goal: self-perfection. At the age of twenty-four, Kano abruptly gave up the teaching of this ancient and altogether brutal activity and never taught jujutsu again. In his attempt to create for the modern age a non-violent, spiritually inspiring antagonistic art, he carried out research on several styles of jujutsu. Primarily in the interests of both safety and practicality, he altered and added his own devices to the techniques that he was later to incorporate into his newly conceived system of skills, which he named Kodokan judo. In lectures, Kano often stated the following: The ultimate object of studying judo is to train and cultivate body and mind through practice in attack and defense, and by thus mastering the essentials of the art, to attain perfection of oneself and bring benefits to the world. He had sought to create in judo, therefore, something positive out of something largely negative.

history of judo: *Throw by Throw: A Complete History of Judo in the Olympics* Melanie Nichols, Delve into the captivating world of Judo in the Olympics with this comprehensive book that meticulously examines the key moments, breakthrough athletes, and unforgettable matches that have defined the sport on the world's biggest stage. From its humble beginnings at the 1964 Tokyo Olympics to its status as a cornerstone of the modern Games, Judo has consistently delivered jaw-dropping displays of skill, determination, and sportsmanship over the years. Through meticulous research and engaging storytelling, readers will gain a deeper understanding of how Judo has evolved within the Olympic landscape, shaping its legacy along the way. Learn about iconic athletes who etched their names in the annals of history with their unparalleled feats, leaving a lasting impact on the sport and inspiring generations of practitioners to push the boundaries of their abilities. From thrilling finals that kept the world on edge to shocking upsets that reshaped the

competitive landscape, this book captures the drama, emotion, and triumphs that make Judo such a beloved Olympic sport. Follow the journey from standout debuts to repeat champions, as each page unfolds a new chapter of triumph and adversity in the storied history of Judo at the Olympics. With insightful analysis and expert commentary, readers will immerse themselves in the rollercoaster ride of emotions that have characterized Judo's presence in the Olympic arena. Witness moments of excellence, heartbreak, and sheer determination as athletes showcase the very best of their abilities in pursuit of Olympic glory. Whether you're a seasoned Judo enthusiast or a newcomer to the sport, this book promises to capture your imagination and leave you in awe of the indomitable spirit that defines Judo in the Olympics.

history of judo: *The Science of Judo* Mike Callan, 2018-06-14 The Science of Judo is the first book to set out and discuss the science, coaching and history behind judo performance. Evidence-based and informed by the latest research, the book offers practical guidance on preparing athletes for high performance and understanding the core tenets of sport science underpinning it. Featuring contributions from world-leading experts, the book consists of chapters on all aspects of judo performance, including: The historical development of judo and its physical, intellectual and moral role Physical preparation for competition, coaching and training strategies Skill acquisition, talent identification and development Nutrition and lifestyle of judoka Performance analysis and biomechanics Injury epidemiology and prevention Special considerations for female and young judoka Clearly written and accessible, The Science of Judo provides upper-level students and researchers, and coaches and sport science staff working with judoka, with the most thorough and authoritative reference on sport science applied to judo currently available.

history of judo: *The Way of Judo* John Stevens, 2013-08-13 A martial arts biography of the legendary founder of judo, Jigoro Kano, and the colorful coterie of disciples who wanted to carry on his legacy Kodokan judo, one of the most well-known martial arts in the world today, was originated by Jigoro Kano (1860–1938), a martial artist and career educator who developed the art after studying several types of jujutsu, sumo, and Western wrestling. Openness and refinement were hallmarks of his personal and professional style, and he relentlessly searched for the best way to practice, teach, and perform techniques. This biography shows how Kano saw judo as a vehicle not just for self-defense, but for physical, spiritual, and moral development as well. His teachings clearly emphasize his ideal of judo as a way of self-cultivation that leads to physical health, ethical behavior, and ultimately a better society. Kano was a tireless activist who promoted the practical application of judo's principles in all realms of life—in one's personal behavior, for education, in work, for economic benefit, and in both the local and international political arenas. Kano's students were a colorful, sometimes notorious bunch, and this book reveals how several went on to become famous—or infamous—in their own right. They include a prime minister of Japan, the leader of the Communist party in China, a famous novelist, a spy, high-level military leaders, and a media mogul, among many others.

history of judo: *The Teaching of Judo: An Instructor's Handbook* Mark E. Roosa, 2016-02-11 The Teaching of Judo is a guide for instructors, coaches, judoka, and parents. Presented from an educator's perspective, this book contains the knowledge gleaned from forty years of experience in teaching judo, and includes the qualities, structure, and situations to avoid.

history of judo: *The Art of Judo: A Comprehensive Guide for Beginners* Pasquale De Marco, 2025-04-18 Embark on a transformative journey into the world of judo with this comprehensive guide, meticulously crafted to empower you with the knowledge and skills to excel in this dynamic martial art. Within these pages, you will discover the essence of judo, encompassing its rich history, fundamental principles, and diverse techniques. Whether you are a seasoned practitioner seeking to refine your skills or a newcomer eager to unravel the mysteries of judo, this book provides an invaluable resource for your martial arts endeavors. As you delve into the intricacies of judo, you will master the art of kuzushi, the delicate art of unbalancing an opponent, and the dynamics of nage waza, the art of throwing techniques. You will also explore katame waza, the art of controlling techniques, and osaekomi waza, the art of pinning techniques, gaining a comprehensive

understanding of judo's vast technical repertoire. Beyond the physical techniques, you will immerse yourself in the profound philosophy that underpins judo. You will examine the concept of seiryoku zen'yo, the principle of maximum efficiency, and its implications for effective movement and energy conservation. You will also delve into the importance of respect, humility, and discipline in both judo practice and everyday life. Moreover, you will trace the fascinating history of judo, from its humble beginnings in late 19th-century Japan to its widespread adoption as a global martial art and Olympic sport. You will meet the influential judoka who shaped its evolution, from its founder, Jigoro Kano, to contemporary champions who continue to inspire and captivate audiences worldwide. This book is more than just a technical manual; it is an invitation to embark on a journey of personal transformation. Judo offers a path to empowerment, resilience, and self-mastery, cultivating strength, confidence, and indomitable spirit. Whether you seek to enhance your self-defense skills, improve your physical fitness, or embark on a journey of personal growth, judo provides a path to fulfillment and excellence. If you like this book, write a review on google books!

history of judo: Women in Judo Mike Callan, 2021-11-29 This is the first book to explore women's judo in all aspects, from the history and governance of the sport to cutting-edge sport science perspectives. The book examines the story of judo for women and how the history of the sport has paralleled the cultural and social challenges faced by women in both the East and the West. It considers the issues of leadership and governance in contemporary women's judo, and the obstacles to stronger involvement for women in the sport as a whole, as well as the rules and competition structures that shape the sport today. The book also looks at the tactical and technical considerations of coaching women in judo, and the significance of the coach-athlete relationship, as well as the physiology of the athlete - including the female athlete triad - and how that relates to training, performance, technique and skill acquisition. A concluding chapter presents short biographies of the pioneering female judoka Rusty Kanokogi, Ingrid Bergmans, Kaori Yamaguchi, Karen Briggs and Ryoko Tani. This is essential reading for anyone with an interest in martial arts or women's sport and a useful resource for those studying sport history, sociology of sport, gender studies and sport development and coaching.

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history of judo: A Century of Dedication, the History of Judo in America Michel Brousse, David Matsumoto, 2003-01-01

history of judo: Judo and American Culture: Prelude, Acceptance, Embodiment Michael DeMarco, M.A., 2015-09-23 The origins of Asian martial arts in the United States reach back to the Pacific Rim and immigration. This anthology is dedicated to the profoundly significant period—roughly from mid-eighteenth century to the mid-nineteenth century—in which gifted Japanese taught their brand of jujutsu/judo to small groups that gradually disseminated knowledge of combatives into the American mainstream. In the the first chapter, Geoffrey Wingard provides insightful coverage of the “manly arts” in America as they swept the land along with moving populations. Of course early historical influences came from European groups and their varieties of combatives, such as wrestling, boxing, and fencing. Wingard demonstrates that the martial arts are integral to American society and are not ad hoc additions to contemporary popular culture. This background is a prerequisite for understanding the reception of Asian martial arts into American culture. Matt Hlinak analyzes Japanese-American immigration into the American West through the prism of athletics, specifically by examining a series of contests between judoka and wrestlers from 1900 to 1920 in California. These matches appealed to an interest in Japanese culture, a desire to see stereotypes reinforced, and nationalist tendencies during an age of uncertainty. The next two chapters by Joseph Svinth detail the establishment and functioning of two important dojos in the Seattle, Washington, area. In 1923 farmers donated a barn and arranged for Ryoichi Iwakiri (third dan) to teach judo to community youths. Another dojo opened in 1928 under the tutelage of Kurosaka Hiroshi (third dan judo). A colorful history marks these dojos and their practitioners: exhibitions, intraclub tournaments, and war-time influences on practice. Their members helped spread judo throughout the United States. James Webb’s chapter focuses on one of the early prime movers for the growth and establishment of judo in America: Vincent Tamura. He was chosen to represent the United States at the First World Championship of Judo (Tokyo, 1956). He is a descendent of the Taira clan, influential during the end of the Heian period (784-1184) in Japan, and his practice has roots in ancient Heike-ryu jujutsu. Putting academic detail aside, James Behrendt offers a personal account of his early years as a judoka devoted to hard training and competition. He writes “I was extremely fit and strong and I used those natural gifts to eventually defeat the purpose of the judo art. I had discipline but was lacking in spirituality and character.” Polishing judo skills helped build his character in the fashion that Kodokan judo founder Kano Jigaro intended. In these chapters you will find the early hotbeds of jujutsu/judo in America and see how these arts tumbled with European-American “manly arts,” making their own way across the country to form and strengthen judo centers in various states. The authors have utilized their scholarly and practical experience to present a rare view of judo as it traversed the Pacific to enrich American culture. Their writings should clarify the early history of judo in America and bring both practitioners and armchair scholars a deeper appreciation for the art.

history of judo: The Complete Book of Judo George R. Parulski, 1984

history of judo: *A Complete Guide to Judo* Roberto Ghetti, 2017-07-15 Judo is a modern martial art that originated in Japan in 1882 and became an Olympic sport in 1964. This book provides a history of the discipline as well as detailed step-by-step instructions and accompanying photographs to help readers learn the positions and fundamental techniques. Formal exercises encourage students to practice what they have learned, keep track of personal progress, and improve their mastery of the discipline. The book also includes a glossary, a further reading section with books and websites, and an index.

history of judo: *History of Judo in France* Leighton Tokunbo Shepherd, 2025-01-05 This book explores how Judo, a martial art rooted in Japanese philosophy and tradition, found a unique and lasting home in France. This book critically looks into the cultural exchange that brought Judo across continents, transforming it from a practice born in Japan to an integral part of French sporting and cultural identity. The story begins with Judo's origins in Japan, examining its philosophy, techniques, and the values instilled by its early practitioners. It traces the art's spread

beyond Asia, highlighting the exchanges between Japan and Europe that introduced Judo to France. The arrival of Judo in France marked the beginning of a remarkable journey as the discipline was adapted and embraced by a new audience, laying the foundation for the creation of dojos and the development of distinctive styles influenced by French culture. Readers will discover how Judo overcame challenges to thrive in France, gaining recognition not only as a sport but as a tool for education and personal development. The book examines key moments in its evolution, including the establishment of institutions dedicated to Judo and the expansion of its influence in schools and communities. The narrative also explores how Judo became a significant element of French national identity, particularly during the post-war years, when it experienced a revival and surged in popularity. As Judo grew, so did France's contributions to the global Judo community. From national championships to unforgettable Olympic moments, the book highlights the competitive triumphs that showcased the skill and dedication of French Judokas. It also addresses how Judo strengthened cultural ties between France and Japan, serving as a diplomatic bridge and a symbol of mutual respect. The book concludes by reflecting on the modern state of Judo in France, its role in shaping character and discipline, and its ongoing evolution to inspire future generations. Readers will gain a comprehensive understanding of Judo's unique journey through historical milestones, cultural shifts, and its enduring legacy as both a martial art and a unifying force. This is a compelling account for anyone interested in the intersection of sports, history, and culture, providing a detailed look at how centuries-old Japanese art became a cornerstone of French athletic and cultural life.

history of judo: The Routledge Handbook of Sport in Asia Fan Hong, Lu Zhouxiang, 2020-05-20 This is the first book to offer a comprehensive overview of the history, development and contemporary significance of sport in Asia. It addresses a wide range of issues central to sport in the context of Asian culture, politics, economy and society. The book explores diverse topics, including the history of traditional Asian sport; the rise of modern sport in Asia; the Olympic Movement in Asia; mega sport events in Asia; sport governance and policy; gender, class and ethnicity in Asian sport, and Asia's sporting heroes and heroines. With contributions from 74 leading international scholars, it offers a new perspective on understanding Asian sport and society, telling the story of how sport in this mega-region is coming together and reshaping the world in the process. It also provides readers with a wide lens through which to better contextualise the relationships between Asia and the world within the global sport community. The Routledge Handbook of Sport in Asia is a vital resource for students and scholars studying the history, politics, sociology, culture and policy of sport in Asia, as well as sport management, sport history, sport sociology, and sport policy and politics. It is also valuable reading for those working in international sport organisations.

history of judo: Globalizing Japan Harumi Befu, Sylvie Guichard-Anguis, 2003-09-02 This book explores the social and cultural dimensions of Japan's global presence as an economic giant. Areas examined include Japanese multinational corporations, popular music and perceptions of Japan in France and Korea.

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