

budget mom financial planner

budget mom financial planner services have become essential tools for mothers aiming to manage household finances efficiently while balancing the needs of their families. A budget mom financial planner helps organize income, expenses, savings, and investments in a practical and realistic manner tailored to family life. This approach empowers moms to take control of their financial future, reduce debt, and plan for long-term goals such as education, homeownership, and retirement. Integrating budgeting techniques and financial planning strategies, these planners provide clarity and discipline, ensuring every dollar is allocated wisely. This article explores the key features of budget mom financial planners, how to choose the right one, and practical tips for maximizing their benefits. The following sections detail essential budgeting methods, financial planning components, and tools designed specifically for busy moms seeking financial stability and growth.

- Understanding the Role of a Budget Mom Financial Planner
- Key Features of Effective Budget Mom Financial Planners
- How to Choose the Right Budget Mom Financial Planner
- Budgeting Strategies for Moms
- Financial Planning Tips for Moms on a Budget
- Tools and Resources for Budget Mom Financial Planning

Understanding the Role of a Budget Mom Financial Planner

A budget mom financial planner is a specialized financial planning tool or professional service aimed at helping mothers manage the unique financial challenges they face. This role involves creating a tailored budget that accounts for household expenses, childcare costs, education fees, and personal financial goals. More than just tracking spending, a budget mom financial planner guides families toward sustainable financial habits and stress reduction.

Addressing Unique Financial Challenges for Moms

Mothers often juggle multiple financial responsibilities, including managing household bills, saving for children's education, and planning for emergencies. A budget mom financial planner addresses these challenges by providing customized budgets that reflect the realities of family life. This ensures that financial goals are realistic and achievable.

Integrating Budgeting and Financial Planning

Effective budget mom financial planners combine traditional budgeting methods with comprehensive financial planning. This integration helps moms not only track expenses but also plan for future needs such as retirement savings, college funds, and debt repayment strategies.

Key Features of Effective Budget Mom Financial Planners

Choosing a budget mom financial planner with the right features is crucial for successful financial management. These planners should incorporate both practical budgeting functions and strategic financial planning components.

Customizable Budget Templates

Customizable budget templates allow moms to input income, fixed and variable expenses, and savings goals. These templates adapt to changing financial circumstances, making them flexible and user-friendly.

Expense Tracking and Categorization

Accurate expense tracking is fundamental for effective budgeting. Budget mom financial planners categorize expenses into essential and discretionary spending, enabling better control over finances and identification of cost-saving opportunities.

Goal Setting and Financial Milestones

Setting clear financial goals is a cornerstone of successful planning. Budget mom financial planners typically include features for defining short-term and long-term goals, such as building an emergency fund, paying off debt, or saving for college.

Debt Management Tools

Many moms face challenges with managing debt from credit cards, loans, or mortgages. Effective planners offer debt payoff calculators and strategies, helping users prioritize payments and reduce interest costs.

Reports and Analytics

Detailed reports and spending analytics provide insights into financial habits. These features help moms understand their spending patterns and make informed decisions to improve financial health.

How to Choose the Right Budget Mom Financial Planner

Selecting the appropriate budget mom financial planner depends on individual needs, technological comfort, and financial goals. Consideration of various factors ensures that the planner will be a helpful and sustainable tool.

Assessing Personal Financial Goals

Before choosing a planner, moms should clearly define their financial objectives. Whether the focus is on debt reduction, savings growth, or expense management, the planner should align with these goals.

Evaluating Ease of Use

Usability is a critical factor, especially for busy moms. A planner with an intuitive interface, clear instructions, and mobile compatibility increases the likelihood of consistent use.

Comparing Features and Cost

Budget mom financial planners range from free apps and spreadsheets to paid software and professional services. Comparing features such as automation, customer support, and integration with bank accounts helps determine the best value.

Seeking Recommendations and Reviews

Reviews from other moms and financial experts provide insight into the effectiveness and reliability of different planners. Recommendations can guide moms toward trusted options that fit their lifestyle.

Budgeting Strategies for Moms

Implementing effective budgeting strategies is vital for maintaining financial stability in a family setting. A budget mom financial planner supports these strategies by providing structure and accountability.

Zero-Based Budgeting

This method assigns every dollar a specific purpose, ensuring income minus expenses equals zero. Zero-based budgeting helps moms maximize every dollar's impact and avoid unnecessary spending.

Envelope System

The envelope system involves allocating cash for different spending categories. Although traditionally physical, this method can be adapted digitally within budget mom financial planners for better control over discretionary spending.

50/30/20 Rule

This popular budgeting guideline allocates 50% of income to needs, 30% to wants, and 20% to savings or debt repayment. Budget mom financial planners often incorporate this rule to simplify budgeting for moms.

Regular Budget Reviews

Consistent review and adjustment of budgets are essential for adapting to changing family circumstances. A budget mom financial planner facilitates these reviews by providing up-to-date financial summaries and alerts.

Financial Planning Tips for Moms on a Budget

Beyond budgeting, financial planning encompasses saving, investing, and protecting assets. Moms on a budget can implement practical tips to strengthen their financial future.

Building an Emergency Fund

An emergency fund acts as a financial safety net for unexpected expenses. Experts recommend saving three to six months' worth of expenses, which a budget mom financial planner can help track and prioritize.

Automating Savings

Automated transfers to savings accounts ensure consistent growth without relying on memory or discipline. Many planners offer integration with bank accounts to facilitate automation.

Prioritizing High-Interest Debt Repayment

Paying off high-interest debts first saves money on interest payments. Budget mom financial planners often feature debt payoff schedules that focus on the most costly debts.

Utilizing Tax-Advantaged Accounts

Taking advantage of accounts such as 529 plans for education or IRAs for retirement can maximize

financial growth and tax savings. Financial planners can incorporate these elements into comprehensive plans.

Tools and Resources for Budget Mom Financial Planning

Various tools and resources enhance the effectiveness of budget mom financial planners, providing convenience and additional support.

Mobile Budgeting Apps

Apps like budgeting trackers and expense managers allow moms to monitor finances on the go. Features often include alerts, goal tracking, and syncing with bank accounts.

Printable Budget Worksheets

For moms who prefer manual tracking, printable worksheets offer a tangible way to organize finances. These can complement digital planners or serve as standalone tools.

Financial Education Resources

Workshops, online courses, and books tailored to moms' financial needs provide valuable knowledge. Educated financial decisions contribute to long-term success.

Professional Financial Advisors

In some cases, consulting with a certified financial planner specializing in family finances can provide personalized guidance. This option is ideal for complex financial situations or goal setting.

Community Support Groups

Joining groups of like-minded moms focused on budgeting and financial planning can offer encouragement, tips, and accountability, enhancing the effectiveness of budgeting efforts.

- Mobile Budgeting Apps
- Printable Budget Worksheets
- Financial Education Resources
- Professional Financial Advisors

- Community Support Groups

Frequently Asked Questions

Who is Budget Mom and what services does she offer as a financial planner?

Budget Mom is Kumiko Love, a financial planner and influencer who helps individuals and families manage their finances through budgeting, debt payoff strategies, and financial planning. She offers tools, resources, and coaching to improve financial literacy and achieve financial goals.

How can the Budget Mom financial planner help me manage my monthly expenses?

The Budget Mom financial planner provides detailed templates and guidance to track income and expenses, categorize spending, and create realistic budgets that align with your financial goals, helping you manage monthly expenses effectively.

Is the Budget Mom financial planner suitable for beginners?

Yes, the Budget Mom financial planner is designed with beginners in mind, offering easy-to-use budgeting sheets, step-by-step instructions, and educational content to help those new to budgeting build strong financial habits.

Does Budget Mom provide digital financial planning tools?

Yes, Budget Mom offers printable budgeting worksheets as well as digital financial planning tools like spreadsheets and apps that can be used on various devices for convenient budgeting and tracking.

How does Budget Mom address debt payoff in her financial planning approach?

Budget Mom incorporates debt payoff strategies such as the snowball and avalanche methods into her financial planning, providing templates to track debts, create payoff plans, and stay motivated to become debt-free.

Can the Budget Mom financial planner help with saving for emergencies or large purchases?

Absolutely, the Budget Mom financial planner includes features for setting savings goals, tracking progress, and allocating funds for emergency savings or large purchases to ensure financial preparedness.

Are there community resources or support groups associated with Budget Mom?

Yes, Budget Mom has an active online community where members can share tips, ask questions, and receive support. She also offers workshops and coaching sessions to provide personalized guidance.

How affordable is the Budget Mom financial planner for individuals on a tight budget?

Budget Mom offers many free resources, including budgeting worksheets and educational content. Paid products and coaching are reasonably priced, making financial planning accessible for individuals on tight budgets.

Can the Budget Mom financial planner be customized to fit unique financial situations?

Yes, the Budget Mom financial planner templates are customizable, allowing users to adjust categories, income streams, and financial goals to suit their unique financial situations and preferences.

Where can I purchase or access the Budget Mom financial planner?

The Budget Mom financial planner can be accessed through her official website and online platforms such as Etsy. She also shares free resources on her blog and social media channels.

Additional Resources

1. The Budget Mom's Guide to Financial Freedom

This book offers practical steps and strategies to help readers take control of their finances. It covers budgeting techniques, debt repayment plans, and savings goals, all tailored for everyday families. The author shares personal stories and actionable tips that make financial planning approachable and effective.

2. Smart Budgeting with The Budget Mom

Focused on creating realistic budgets that stick, this book emphasizes the importance of tracking expenses and prioritizing spending. Readers will learn how to build a budget that aligns with their lifestyle and financial goals. It also includes worksheets and templates to simplify the budgeting process.

3. Debt-Free Living: The Budget Mom Way

This title dives into methods for eliminating debt quickly and sustainably. The author explains snowball and avalanche debt repayment methods and how to stay motivated throughout the journey. It's a great resource for anyone looking to break free from debt and gain financial peace.

4. Saving Smarter with The Budget Mom

A practical guide to boosting savings without feeling deprived, this book highlights the power of small,

consistent saving habits. It includes tips on emergency funds, sinking funds, and saving for big purchases. The Budget Mom provides easy-to-follow advice that encourages mindful spending and saving.

5. *The Budget Mom's Planner for Financial Success*

This planner-style book combines financial education with interactive worksheets and calendars. It is designed to help readers map out their financial goals, track income and expenses, and plan for the future. The hands-on approach makes it ideal for those who want to stay organized and accountable.

6. *Family Finances Made Simple with The Budget Mom*

Addressing the unique financial challenges families face, this book covers budgeting for kids, managing household expenses, and teaching children about money. It also offers guidance on balancing family needs with personal financial goals. The Budget Mom's compassionate advice is perfect for parents seeking financial harmony.

7. *The Budget Mom's Guide to Side Hustles and Extra Income*

This book explores various side hustle ideas and how to effectively manage additional income streams. It provides tips on balancing side jobs with family life and using extra earnings to accelerate financial goals. Readers will find inspiration and practical advice for boosting their income.

8. *Mindful Money Management with The Budget Mom*

Focusing on the psychological aspects of money, this book helps readers develop a healthy relationship with their finances. It addresses money mindset, emotional spending, and how to cultivate financial confidence. The Budget Mom offers exercises and reflections to promote mindful money habits.

9. *The Budget Mom's Yearly Financial Review*

This annual review guide helps readers assess their financial progress and set new goals. It includes checklists, reflection prompts, and planning tools to evaluate budgeting success, debt status, and savings growth. Perfect for those wanting to take stock of their finances and plan ahead with clear intention.

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Track your savings plan Monthly essentials Money going out work sheet (**You can set a budgeted by expense category in what you budgeted to what you actually spent, so you know how much more or less you have to spend into the next month.**) Spending total (**Add up your monthly totals**) Monthly spend totals Monthly totals(**Check your actual spends versus your budget and work out what's left.**)

9. Daily & Weekly expense log (keep a check day to day spending log) 10. Extra expenses (Plan ahead for the expensive times of the year such as holiday and other special occasions) 11. Christmas budget plan 12. Gift list (Plan your gifts budget)

budget mom financial planner: Budget Mom Planner Joanna Litten, 2020-06-13 BUDGET MOM PLANNER The Monthly Bill Planner and Organizer provide a fantastic way to organize your bills and plan for your expenses. The journal comprises of neatly organized spaces for the week and month that you wish to plan your expenses and account for your bills. BOOK DETAILS: Monthly Budget Worksheet Weekly and Daily Expense Tracker Cover Design: Matte Craft Cover Printed on quality paper Dimensions: 8.5 x 11 inches | 130 Pages Light weight. Easy to carry around Made in the USA Management your money, it perfect for business, personal finance, bookkeeping and budgeting. Give it for yourself friends family and co-worker and Have a great year together.

budget mom financial planner: The Money Saving Mom's Budget Crystal Paine, 2012-01-10 From one of Nielsen's top 50 power moms comes advice you can take to the bank—literally! Crystal Paine, who has helped busy women everywhere take control of their finances, presents her most effective strategies designed for families of all sizes and income levels. With hundreds of inspiring “why didn't I think of that?” tips, plus worksheets, Paine breaks down your goals into easy, manageable steps so you can:

- Achieve a complete financial makeover
- Set up a realistic budget
- Never pay retail
- Slash your grocery bill
- Organize your time and your home
- Use coupons wisely
- Pay with cash only
- Live simply
- Become debt free
- Choose contentment
- Make every dollar count

budget mom financial planner: Budget Mom Planner Beauty Budget Planners Printing Co, 2019-12-18 This budget planner will save you time and money It is time to keep track of your money successfully I'm sure you've heard that if you want to achieve a goal, you need to write it down - so let this planner help you to do just that. Pay your bills by the due date with the quick monthly tracker Input income and expenses Figure out a debt repayment plan Start saving for what your heart desires. Remember all of those online passwords! It's time to keep it all in one place, feeling organized and on track. Click buy now to save time and money.

budget mom financial planner: The Juggling Mom's Playbook Pasquale De Marco, 2025-05-02 **The Juggling Mom's Playbook: How to Start and Run a Successful Home-Based Business While Raising a Family** Being a mother is a full-time job, and being an entrepreneur is another full-time job. Trying to do both at the same time can feel like an impossible task, but it is possible to succeed as a mompreneur if you have the right strategies and support. In **The Juggling Mom's Playbook**, you will learn everything you need to know to start and run a successful home-based business while raising a family. This comprehensive guide covers everything from finding your niche and developing a business plan to marketing your business and managing your finances. You will also learn how to overcome the unique challenges that mompreneurs face, such as:

- * Balancing your time and energy between your business and your family
- * Dealing with guilt and self-doubt
- * Overcoming the challenges of working from home
- * Creating a supportive network of family, friends, and mentors

The Juggling Mom's Playbook is packed with practical advice, real-world examples, and inspiring stories from successful mompreneurs who have been there and done it. This book is your essential guide to starting and running a successful home-based business while raising a family. Whether you are just starting out or you are a seasoned mompreneur, **The Juggling Mom's Playbook** has something for you. This book will help you:

- * Create a successful home-based business that fits your lifestyle and your family's needs
- * Overcome the challenges of being a mompreneur and achieve your business goals
- * Find a work-life balance that works for you and your family
- * Leave a legacy for your family and community

If you are a mom who is ready to take control of your life and achieve your dreams, then **The Juggling Mom's Playbook** is the book

for you. If you like this book, write a review on google books!

budget mom financial planner: The Teen Mom's Guide to a Brighter Future Pasquale De Marco, 2025-07-25 This comprehensive guidebook is specifically designed to empower young women facing an unexpected pregnancy. It provides a safe space for you to explore your options, understand your emotions, and plan for a brighter future. Within these pages, you'll find a wealth of practical advice and support, covering everything from prenatal care and nutrition to parenting skills and career planning. Our goal is to equip you with the knowledge and tools you need to make informed decisions and navigate the challenges of teen pregnancy with confidence. We delve into the emotional rollercoaster that comes with an unexpected pregnancy, offering strategies for coping with stress, anxiety, and self-esteem issues. You'll learn how to build a strong support system, connect with other teen moms, and find the strength to embrace your journey. As you prepare for the arrival of your child, we'll guide you through the medical aspects of pregnancy, labor, and delivery. We'll provide valuable tips on newborn care, establishing routines, and fostering a strong bond with your baby. Beyond the immediate challenges, we'll help you plan for your future. We'll explore educational options, career pathways, and financial planning, empowering you to set goals and create a brighter future for yourself and your child. Throughout this guide, you'll find real-life stories and advice from other teen moms who have faced similar challenges. Their experiences and insights will provide you with inspiration and support, reminding you that you're not alone and that it is possible to overcome obstacles and thrive. Remember, you have the strength and resilience to navigate this journey and create a fulfilling life for yourself and your child. This book is your trusted companion, providing you with the knowledge, support, and encouragement you need to embrace your future with confidence and hope. If you like this book, write a review!

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budget mom financial planner: Releasing the Mother Load Erica Djossa, 2024-04-09 WINNER OF THE CHILD PSYCHOLOGY GOLD AWARD FOR LITERARY EXCELLENCE BY THE INSTITUTE OF CHILD PSYCHOLOGY. If you've ever felt like you're the only one struggling with motherhood, this book is for you.—Eve Rodsky, New York Times bestselling author of Fair Play An empowering guide that helps you unburden the load of impossible expectations and reshapes your

internalized ideals, expectations, and beliefs around motherhood. Every mom wants to be a good parent—but if you’ve found yourself burned out and overwhelmed trying to be “the perfect mom,” you’re not alone. “We get handed a rulebook of motherhood without realizing it,” says Canada’s maternal mental health specialist and the founder and CEO of Momwell Erica Djossa. “That rulebook comes with an invisible load—a world of mental and physical tasks that keep us pushing toward perfection while barely being able to breathe.” Here she shares a guide to help you break free from the crushing burden of unrealistic expectations and reclaim the joy of motherhood while staying true to your own values. Join her to explore: Where the Mother Load comes from, and why it doesn’t serve us or our children The true emotional and physical cost of the many jobs, habits, and beliefs we carry Tools to establish strong boundaries, express your needs, and build a support system Practical guidance to help you create a healthy, balanced, and enriching approach to motherhood “You can chart your own journey in a way that is freeing, feels right to you, and reignites passions and dreams that you thought had died when you began to put everyone else’s needs first,” says Erica Djossa. Discover a new vision of motherhood that empowers you to parent more freely and with greater fulfillment—so you can finally release the Mother Load.

budget mom financial planner: *Mom’s Money Hack: Write Once, Earn Always - Your Simple Guide to Passive Income from One Ebook* Financial Freedom Club, 2025-03-30 Tired of pinching pennies and chasing time? Mom’s Money Hack: Write Once, Earn Always is your ticket to turning everyday skills into a cash machine—without leaving the kitchen table! Whether you’re a stay-at-home mom juggling chaos or dreaming of financial freedom, this step-by-step guide shows you how to create one simple ebook and watch the dollars roll in—forever. Using free tools and a sneaky AI trick, you’ll write fast, sell smart, and earn passive income with zero stress. From tantrum tips to budget hacks, your know-how’s worth millions—start cashing in today!

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budget mom financial planner: *The Smart Stepfamily Guide to Financial Planning* Ron L. Deal, Greg S. Pettys, David O. Edwards, 2019-09-17 Money issues are a frequent source of conflict in all marriages. But blended families are a monetary minefield. Debts, bills, and child support payments from previous relationships often influence the finances of a blended family. And planning for college expenses, retirement, and inheritance gets even more complicated in remarriage. These issues can explode couple unity and blow up developing family harmony. However, proper blended family money management can make money an asset to your relationship, not a liability. The authors use over 50 years of combined financial planning and blended family educational experience to help you envision your combined financial future and plan for how you'll get there. You'll discover practical ways to merge your current financial realities and protect your marriage while doing so. Get real-world financial advice specific to unique blended family legal and relational matters so you can provide for your family both now and in the future.

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role model Socialize and combat peer pressure Deal with sex, drugs, and video games Complete with resources and recommended strategies for every stage of a boy's life, *The Single Mother's Guide to Raising Remarkable Boys* helps you go it alone—and raise a happy, healthy, well-adjusted young man!

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budget mom financial planner: *12 Simple Secrets Real Moms Know* Michele Borba, 2010-12-10 Best-selling parenting guru Michele Borba, the mother of three, has surveyed 5,000 mothers for their experience and wisdom in raising happier, more confident kids by returning to a more natural, authentic kind of mothering. She shares 12 top secrets of successful moms culled from her research and shows how to apply them to your family. You'll learn how to... Apply the 12 essential principles that child experts and 5,000 parents say matter most in good mothering Raise children with confidence, resilience, and character Create a customized mothering plan and use it so it leads to success with your child Cut the guilt and reduce the stress by sticking to what really counts in parenting good kids today Discover simple ways to make big differences in your family's life

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budget mom financial planner: *Budget Mom Planner* Joanna Litten, 2020-06-13 **BUDGET MOM PLANNER** The Monthly Bill Planner and Organizer provide a fantastic way to organize your bills and plan for your expenses. The journal comprises of neatly organized spaces for the week and month that you wish to plan your expenses and account for your bills. **BOOK DETAILS:** Monthly Budget Worksheet Weekly and Daily Expense Tracker Cover Design: Matte Craft Cover Printed on quality paper Dimensions: 8.5 x 11 inches | 130 Pages Light weight. Easy to carry around Made in the USA Management your money, it perfect for business, personal finance, bookkeeping and budgeting. Give it for yourself friends family and co-worker and Have a great year together.

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budget mom financial planner: *Mom's Got Money* Catherine Alford, 2021-03-30 Mom's Got Money is a mother's guide—an instruction manual to help them use the skills they already possess to become extraordinarily confident managers of their money. Alford won't pretend mothers don't have a lot on their plate. She already knows they're pressed for time. The weight of their daily decisions takes a toll. Sometimes, it feels like they manage everything, whether they have a supportive spouse or not. She knows this because it's that way in her house too. However, we all have a choice on how to handle that responsibility, and Alford thinks we can flip the script. Instead of being frustrated or feeling resentful, Alford teaches moms how to recognize their own strengths and develop true financial confidence. Once readers master Alford's money lessons, they'll start to truly enjoy money. Vacations are more fun when they're already planned and paid for. Christmas shopping is a breeze when you have a fully funded holiday spending account. Never worry about the worst that can happen because you have a fully funded emergency fund and life insurance. Feel in control of your bills, caught up, and with room to spare. In this book, you'll learn how to: Become an exceptional leader of your family with a growth mindset Calculate your net worth Effectively budget and manage your household cash flow Work with your spouse or partner on financial goals Understand what impacts your credit score Ensure you pay all your bills on time, every time Make sure you plan for emergencies Protect your family by buying term life insurance Do the math on childcare costs vs. career costs when having a family Plan and save for holiday spending, birthdays, and special events Learn the art and joy of giving Ideal for moms everywhere, but especially new and millennial moms, Mom's Got Money is an indispensable guide to taking financial control of your life.

budget mom financial planner: *The Catholic Working Mom's Guide to Life* JoAnna Wahlund, 2019-05-10 Whatever their unique circumstances, all Catholic working moms have three things in common: (1) They are Catholic, striving to live out the Faith in every aspect of their lives. (2) They are working, some by choice, and some by necessity. (3) Most prominently, they are mothers — knowing that's the most important responsibility they will ever have. In *The Catholic Working Mom's Guide to Life*, JoAnna Wahlund speaks to the plethora of Catholic women who are looking for other moms with whom to relate, moms who understand the unique challenges of juggling motherhood and work. This book sums up what JoAnna has discovered about life as a Catholic working mom. In this book you will learn about: The large community of other Catholic working moms Inspirational saints for working mothers How to find peace whether you decide to work or not — and how to discern what's right for your family How to juggle home and family responsibilities while working Practical advice on child-care, pregnancy, and maternity leave The importance of prayer and fellowship Find the peace and strength God wants for you as a Catholic working mother. Click here to register for the related webcast

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son lived in a small apartment and ate dinner on the floor. Worse, when her feelings began to exhaust her, she binge-shopped, reasoning that she'd feel better after a trip to the mall. On the day she needed to pay for a McDonald's ice cream cone without her credit card, she had an epiphany: Money is not the problem. Self-Doubt is the problem. Shame is the problem. Guilt is the problem. Society's expectations for her are the problem. She is the solution. Once she reversed the negative thinking patterns pushing her toward decisions that didn't serve her values or goals, her financial plan wrote itself. Now, she's not only living debt-free in her dream home, which she paid for in cash, but she has spread her teachings around the world and helped countless women envision better lives for themselves and their families. Now, building on the lessons she's taught millions as the founder of The Budget Mom, she shares a step by step plan for taking control back over your financial life—regardless of your level of income or your credit card balance. Through stories from navigating divorce to helping clients thrive through recessions, depression, eviction, layoffs and so much more, you will learn foundational practices such as: How to use your emotions to your financial advantage, instead of letting them control you How to create a budget based on your real life, not a life of self-denial How to create a motivating debt pay-off plan that makes you excited about your future, instead of fearing it My Money My Way will give you the tools to align your emotional health with your financial health—to let go of deprivation and embrace desire. Love's paradigm-shifting system will teach you how to honor your unique personal values, driving emotions, and particular needs so that you can stop worrying about money and start living a financially fulfilled life.

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