

ask your guides oracle deck

ask your guides oracle deck is a powerful spiritual tool designed to facilitate intuitive communication with your personal guides. This oracle deck helps users tap into higher wisdom, gain clarity on life's challenges, and receive guidance for decision-making. Through beautifully illustrated cards and insightful messages, the ask your guides oracle deck offers a unique way to connect with the subtle energies that influence your path. Whether you are new to oracle cards or an experienced practitioner, this deck provides a meaningful experience to deepen your spiritual practice. This article explores the features, benefits, and usage techniques of the ask your guides oracle deck. Additionally, it covers tips for interpreting cards and incorporating the deck into daily rituals for enhanced guidance.

- Overview of the Ask Your Guides Oracle Deck
- How to Use the Ask Your Guides Oracle Deck
- Interpreting the Cards Effectively
- Benefits of Using the Ask Your Guides Oracle Deck
- Incorporating the Deck into Spiritual Practices

Overview of the Ask Your Guides Oracle Deck

The ask your guides oracle deck is a set of cards designed to facilitate communication between the user and their spiritual guides. Each card typically features symbolic imagery paired with messages intended to inspire reflection and insight. The deck is crafted to be accessible for both beginners and seasoned spiritual practitioners, offering clear guidance through intuitive prompts. The artwork and affirmations on the cards are created to evoke a deeper understanding of one's spiritual journey and to prompt meaningful conversations with inner wisdom.

Design and Structure of the Deck

The deck generally consists of a specific number of cards, often ranging between 40 to 60, each focusing on different themes or types of guidance. Cards may include keywords, affirmations, or questions that help users focus their intentions when seeking advice. The visual design is integral to the deck's effectiveness, combining colors, symbols, and imagery that resonate with spiritual energy and promote intuitive interpretation.

Origins and Creator Intent

Developed by spiritual practitioners and artists, the ask your guides oracle deck is intended to be a bridge between the physical and spiritual realms. The creators emphasize empowerment, self-awareness, and connection to higher consciousness. The deck aims to support users in cultivating trust in their intuition and in the messages received from their guides.

How to Use the Ask Your Guides Oracle Deck

Using the ask your guides oracle deck involves a combination of setting intentions, shuffling the cards, and interpreting the messages that arise. The process encourages mindfulness and openness to spiritual insight.

Preparing for a Reading

Before a reading, it is essential to create a calm and focused environment. Many users find that meditating or taking deep breaths helps center their energy. Setting a clear intention for the reading enhances the connection to guides and the clarity of messages received.

Shuffling and Drawing Cards

Shuffling the deck can be done in various ways, including traditional shuffling, spreading the cards face down and selecting intuitively, or using a specific shuffling technique aligned with personal preference. Once shuffled, drawing one or multiple cards depends on the type of reading desired—single-card draws for quick guidance or multi-card spreads for more detailed insights.

Common Spreads for Guidance

- **Single-Card Pull:** For direct and concise answers.
- **Three-Card Spread:** Typically representing past, present, and future influences.
- **Five-Card Spread:** For a more comprehensive understanding of a situation or question.

Interpreting the Cards Effectively

Interpretation is a crucial aspect of working with the ask your guides oracle deck. It requires balancing the card's literal meaning with personal intuition and the context of the question asked.

Understanding Symbolism and Imagery

Each card's imagery is designed to evoke specific feelings and insights. Paying attention to colors, symbols, and figures can unlock layers of meaning. For example, light colors might indicate clarity or new beginnings, while darker shades could suggest introspection or challenges.

Using Intuition Alongside Guidebook Meanings

While the accompanying guidebook provides interpretations and keywords, personal intuition often reveals additional nuances. Trusting gut feelings and emotional responses to the cards enhances the depth of the reading and makes the experience more personalized.

Recording and Reflecting on Readings

Maintaining a journal of readings and interpretations helps track spiritual growth and patterns over time. Writing down insights and recurring themes can clarify messages from the guides and support ongoing self-reflection.

Benefits of Using the Ask Your Guides Oracle Deck

The ask your guides oracle deck offers numerous benefits for personal development and spiritual connection. It serves as a tool for guidance, clarity, and empowerment.

Enhanced Connection to Spiritual Guides

Regular use of the deck fosters a stronger relationship with personal guides, making spiritual communication more accessible and frequent. This connection provides comfort and reassurance during times of uncertainty.

Improved Decision-Making

By offering different perspectives and highlighting unseen influences, the deck aids in making informed choices aligned with higher wisdom. The guidance received can illuminate paths that might otherwise remain hidden.

Stress Reduction and Emotional Support

Engaging with the oracle deck can be a calming ritual that helps reduce anxiety and promote emotional balance. The affirmations and messages serve as reminders of inner strength and resilience.

Encouragement of Mindfulness and Self-Awareness

The reflective nature of readings encourages users to slow down and consider their thoughts and feelings carefully. This mindfulness enhances self-awareness and personal growth.

Incorporating the Deck into Spiritual Practices

The ask your guides oracle deck can be seamlessly integrated into various spiritual and daily routines to maximize its benefits.

Daily Card Draws and Affirmations

Many practitioners start their day by drawing a card to set an intention or gain insight for the day ahead. This practice promotes a mindful approach to daily challenges and opportunities.

Meditation and Visualization Techniques

Using the cards as focal points during meditation can deepen spiritual awareness. Visualizing the card's imagery and message helps internalize guidance and align with personal energy.

Inclusion in Rituals and Ceremonies

The deck can be part of larger spiritual ceremonies or rituals, such as moon phases, seasonal celebrations, or personal milestones. Incorporating card readings adds a layer of sacredness and

intentionality.

Group Readings and Workshops

Engaging with others through group readings or workshops expands the collective energy and provides diverse perspectives on the cards' meanings. This communal use enhances learning and spiritual connection.

1. Create a quiet space free from distractions.
2. Set a clear intention or question before drawing cards.
3. Shuffle the deck while focusing on the intention.
4. Draw cards and observe the imagery carefully.
5. Consult the guidebook and trust personal intuition for interpretation.
6. Reflect on the messages and consider how they apply to your life.

Frequently Asked Questions

What is the 'Ask Your Guides Oracle Deck'?

The 'Ask Your Guides Oracle Deck' is a divination tool designed to help users connect with their spirit guides for guidance, clarity, and insight through intuitive card readings.

Who created the 'Ask Your Guides Oracle Deck'?

The deck was created by Colette Baron-Reid, a renowned intuitive counselor and author known for her oracle and tarot decks.

How do I use the 'Ask Your Guides Oracle Deck' for daily guidance?

You can use the deck by shuffling the cards while focusing on a question or intention, then drawing one or more cards to receive messages from your guides that provide insight or advice for your day.

Can beginners use the 'Ask Your Guides Oracle Deck' effectively?

Yes, the deck is beginner-friendly and comes with a guidebook that explains the meanings of each

card and offers instructions on how to perform readings.

What themes or messages are common in the 'Ask Your Guides Oracle Deck'?

Common themes include spiritual guidance, healing, intuition, personal growth, and messages of encouragement from your spirit guides.

How many cards are in the 'Ask Your Guides Oracle Deck'?

The deck typically contains 44 beautifully illustrated cards, each with unique imagery and messages.

Is the 'Ask Your Guides Oracle Deck' suitable for professional readings?

Yes, many professional readers use this deck to connect with spirit guides and provide insightful readings for clients.

Can the 'Ask Your Guides Oracle Deck' be used for meditation?

Absolutely, drawing a card before meditation can help set an intention or focus for the session, enhancing your spiritual practice.

Where can I purchase the 'Ask Your Guides Oracle Deck'?

The deck is available from major online retailers like Amazon, specialty metaphysical shops, and directly from the creator's website.

Are there any digital versions of the 'Ask Your Guides Oracle Deck'?

Yes, some platforms offer digital versions or apps that allow you to do virtual readings with the 'Ask Your Guides Oracle Deck' on your smartphone or tablet.

Additional Resources

1. Ask Your Guides: Connecting to Your Divine Support System

This book offers insightful guidance on how to effectively communicate with your spiritual guides. It provides practical exercises and meditations to strengthen your connection and interpret the messages you receive. Perfect for beginners and experienced practitioners alike, it deepens your understanding of the divine support system surrounding you.

2. The Oracle Guide: Unlocking the Wisdom of Your Intuition

Explore the power of oracle cards as a tool for intuitive insight and self-discovery. This guidebook explains different card spreads and how to interpret their symbolism to receive meaningful guidance. It encourages readers to trust their inner voice and use oracles as a daily spiritual

practice.

3. *Spirit Guides and Guardians: A Handbook for Communication*

Delve into the world of spirit guides and learn techniques to establish clear communication. The book covers various types of guides, including ancestors and angels, and offers tips on recognizing their signs. It's a comprehensive manual for building a supportive spiritual relationship.

4. *Oracle Cards for Beginners: A Step-by-Step Guide*

Designed for those new to oracle decks, this book breaks down the basics of choosing, shuffling, and reading cards. It includes sample spreads and interpretations to help readers gain confidence. The approachable style makes it easy to integrate oracle cards into your spiritual routine.

5. *Divine Messages: Receiving Guidance Through Oracle Decks*

This book focuses on interpreting the subtle messages conveyed by oracle cards and other divination tools. It teaches readers how to develop their intuitive abilities and trust the insights they receive. With real-life examples, it highlights the transformative power of divine communication.

6. *Awakening Your Inner Guide: Meditation and Oracle Practices*

Combining meditation techniques with oracle card readings, this book helps readers tune into their inner wisdom. It offers guided meditations designed to enhance clarity and deepen spiritual awareness. This holistic approach supports personal growth and meaningful connection with your guides.

7. *The Language of Light: Symbolism in Oracle Decks*

Explore the rich symbolism behind oracle card imagery and how it relates to universal spiritual themes. This book helps readers decode the visual language of the cards to enrich their readings. Understanding these symbols enhances the depth and accuracy of your guidance sessions.

8. *Channeling Your Guides: Developing Psychic Abilities*

Learn how to open channels of communication with your spirit guides and enhance your psychic skills. The book includes exercises to build sensitivity and trust in your intuitive impressions. It's a valuable resource for anyone seeking to deepen their spiritual practice through direct guidance.

9. *Healing with Oracle Cards: Transformative Practices for Mind and Spirit*

This book presents ways to use oracle decks as tools for healing emotional and spiritual wounds. It emphasizes the power of positive affirmations and self-reflective questions during readings. Readers will find practical advice for integrating oracle wisdom into their healing journeys.

Ask Your Guides Oracle Deck

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ask your guides oracle deck: Ask Your Guides Sonia Choquette, 2021-01-05 The New York Times best-selling author of Soul Lessons and Soul Purpose We're all spiritual beings with a spiritual

support system on the Other Side that oversees and helps guide our lives from the moment we're born to the moment we leave our physical bodies and return to Spirit. Not knowing this fact is a severe handicap, as the Universe is designed to care for and nurture all its creatures and help make our life's journey easier and more successful. When we learn how to connect with our angelic guides, our lives naturally fall into a pattern of ease and flow during which we grow our souls, fulfill our life's purpose, and make our time on Earth endlessly entertaining. This fascinating and inspirational book by Sonia Choquette provides all the information you need to help you connect with your spirit guides so that you can enjoy all the love, abundance, and joy you're entitled to.

ask your guides oracle deck: Ask Your Guides Oracle Cards Sonia Choquette, 2005-03 Ask Your Guides is a 52-card psychic-intuitive oracle card deck (with accompanying guidebook) based on the traditional minor arcana of the tarot. The deck is designed to not only guide you, the seeker, through present and upcoming life events and challenges, but will also connect you directly with specific spirit guides and Divine helpers who are there to help you navigate through these transitions and challenges successfully.

ask your guides oracle deck: Ask Your Guides Sonia Choquette, Ph.D., 2007-06-01 We're all spiritual beings with a spiritual support system on the Other Side that oversees and helps guide our lives from the moment we're born to the moment we leave our physical bodies and return to Spirit. Not knowing this fact is a severe handicap, as the Universe is designed to care for and nurture all its creatures and help make our life's journey easier and more successful. When we learn how to connect with our angelic guides, our lives naturally fall into a pattern of ease and flow during which we grow our souls, fulfill our life's purpose, and make our time on Earth endlessly entertaining. This fascinating and inspirational book by Sonia Choquette provides all the information you need to help you connect with your spirit guides so that you can enjoy all the love, abundance, and joy you're entitled to.

ask your guides oracle deck: The Answer Is Simple Oracle Cards Sonia Choquette, 2009-01-15 These oracle cards provide immediate access to your Divine Spirit, where you receive specific guidance and direction for any and all challenges facing you in life. Each card not only offers direction for specific problems, it also reinforces the path to your Higher Self, freeing you from the turbulence and fear of the ego plane. You can use this deck (and the accompanying guidebook) for specific direction, meditation, life and purpose readings, and to offer guidance to others; as well as to connect to your Divine Self, where drama and stress give way to joy and inner peace.

ask your guides oracle deck: Out of the Darkness and into the Light Alana Clark, 2017-05-08 Growing up in Adelaide, South Australia, author Alana Clark didn't know the things she heard and saw weren't part of everybody's normal, everyday world. For years, she kept her gift a secret. In *Out of the Darkness and into the Light*, she narrates her journey into becoming a medium. Alana offers a look into how she became a medium and how it changed her. She reveals her memories as her life unfolded in unexpected ways, lending her voice to experiences of bullying and worries of acceptance and loss. Candidly, this memoir tells how Alana overcame the many challenges of living with her special abilities and how she embraced the opportunity to help others. In *Out of the Darkness and into the Light*, she shares her knowledge and wisdom, encouraging others to develop their own abilities and become acquainted with the wonders and unconditional love, help, and guidance of spirit.

ask your guides oracle deck: Faeriecraft Neil Geddes-Ward, 2005 The faerie seeker is invited to follow the sparkling pathway to Elf Land through the pages of *Faeriecraft*. The aim of this book is to reverse a trend that the magical and spiritual pathway of *Faeriecraft* has traditionally been kept a mysterious and elusive secret. The authors passionately believe that the faeries are for everyone who seeks them. This inspirational version of *Faeriecraft* is shaped from the authors' own experiences and concepts, which have been impressed upon her by the faeries themselves. *Faeriecraft* takes the fey seeker on a step-by-step guide on how to practice this craft, which is the creative melding of the faerie faith and natural witchcraft. Once faerie seekers have followed the exercises and insights throughout this book, they can emerge inspired to work with the faeries and

have the knowledge and confidence to call themselves a faerie priest or priestess.

ask your guides oracle deck: TRUST YOUR VIBES ORACLE CARDS SONIA. CHOQUETTE, 2025

ask your guides oracle deck: Transitioning Back into the Light Julie Page, 2024-12-22 When Julie Page, a psychic, medium, and channel, decided to channel author Louise Hay, she hoped to attain more wisdom for herself while on a spiritual journey to heal her life and chronic pain. Now, she shares a glimpse into the inspirational, channeled conversation she conducted with Hay with the hope of helping others release their fear of death and attain a higher vibrational existence while on Earth. Organized in a simple question and answer format, Page leads the curious down an introspective path through Hay's words of wisdom, experiences, insights, and guided meditations to learn about what really happens when we die, the definition of the fifth dimension and why it is true love, why we are extensions of Source Energy, what to expect during the transition from Earth to afterlife, the meaning of Akashic records and blueprints, and much more. *Transitioning Back into the Light* shares a channeled conversation with Louise Hay to provide a comforting glimpse into the afterlife and encourage a release of anger, fears, and anxiety through guided meditations and words of wisdom.

ask your guides oracle deck: Rainbow Medicine: Therapy with the A-Team! Akasha White Wolf, 2016-02-17 Everyone loves a mystical experience believing its a sign Chances are, it is! We all have an Angelic team (A-Team) of spirits who root for us, love us, want to help us manifest our desires and dreams, and see us succeed on our highest path. Ultimately, what they all want for us is to come into greater self-love, self-worth, and personal truth so that we may learn from our experiences, understand the lessons of the whys, forgive ourselves and others for any wrongdoing, clear our karmic debts, and discover and use our gifts to live a fulfilling life. Just because they are in a higher dimension with greater understanding of the larger whole doesnt mean they dont feel our pain, cry with and for us, and have lessons to learn and karmic ties and debts to make good on. When we hurt they hurt, when we shine they shine. They are with us every step of the way. So please know that when you heal yourself, you also heal your entire ancestral bloodline, in every direction of time. Together, Spirit and I developed a language to help you coheal and cocreate your best life with your A-Team, we call it Rainbow Medicine: Therapy with the A-Team. This Instructional Guide about Spirit Communication and Holistic Healing will awaken you to your True Self and Best Life Path. Through sharing up close and personal experiences, professional cases, and healing and psychic mediumship development exercises, we teach you how-to recognize the signs, decode spirit communication, conduct holistic health readings for you and your pets, discover your purpose and path, and engage in therapy with your A-Team to face your fears, heal yourself and your relationships, and live your best life, now. All exercises focus on holistic healing; psychological, emotional, physical, and spiritual. No prior experience with Spirit necessary, all levels welcome.

ask your guides oracle deck: *Oracle Card Companion* Victoria Maxwell, 2023-01-11 This guide is easy to use with any oracle card deck as it focuses more on intuitive reading rather than meanings. The book takes the reader on an in-depth journey through all aspects of oracle card reading. It starts with choosing and bonding with a deck before explaining how to develop intuition and decode the messages in the cards, then takes a deeper dive with oracle spells, healing and reading for others. Throughout the book there are activities and practices the reader can do with their own cards, making it an experiential book that is easy and fun to work with but still contains opportunities for deep work and spiritual and intuitive development. Ultimately the aim is to empower the reader to do more with their oracle cards than just picking a card, reading the message and never thinking about it again (something we are all guilty of). It's a book that can help the reader to go on a deeper journey with the cards, develop their intuition and gain more confidence, clearer guidance and a deeper trust, not only in their ability to read cards but also within themselves.

ask your guides oracle deck: *The Psychic Mind* Avis J. Williams, 2018-12-06 The Psychic Mind is a practical psychic development book that will teach you how to reawaken and develop your

psychic abilities available to you, including clairvoyance, aura reading, psychometry and much more, once you have awakened your psychic intuition, you will gain access to inner guidance that can help guide you to the right path in life to create the life you want to live and take control of your life to achieve ongoing success, fulfilment and happiness. ***In The Book You Will Learn*** • How the three minds work • How to reprogram the subconscious mind • Practical exercises to open and awaken the third eye chakra • Practical exercises for seeing, sensing, balancing and cleansing the Aura • Practical exercises for cleansing and balancing the chakras • How to balance mind, body and spirit • Deep breathing and meditation practices • How to do psychic readings for yourself & others • Practical psychic development exercises to develop the psychic senses

ask your guides oracle deck: Witchy Mama Melanie Marquis, Emily A. Francis, 2025-08-05 Written for mothers, by mothers, Witchy Mama offers practical and magickal ideas, inspiration, and information to help you overcome stress and exhaustion, banish bad dreams, soothe boo-boos, create a magickal home, achieve personal goals, and more. Discover stones, scents, and colors to increase energy and attract good fortune to yourself and your family. Use simple charms and rituals to ease conflicts, remove fears, protect children, and boost happiness. Connect with your body during pregnancy through magick and meditation, which will infuse your growing baby with positive energy. Guided by dozens of photos, you'll master stretching exercises, breathing techniques, and easy yoga moves that will help you feel healthy, beautiful, and comfortable throughout pregnancy and beyond. Witchy Mama contains a wealth of insight gathered from centuries of mother's wisdom as well as from the authors' own personal experiences. This book won't tell you how to parent, but it will help you be happier and more successful as a parent, while still being your own person, too.

ask your guides oracle deck: Soul Influencer Kim Illingworth, 2024-08-12 Author Kim Illingworth has survived depression, anxiety, and an addiction to alcohol. When conventional methods didn't help, she had to find a way to heal herself. In Soul Influencer, she shares her story of discovering that healing source and how she became an angel intuitive, a Reiki master teacher, and a lightworker. This guide details Kim's passion for hands-on healing while helping others to follow the same path. She discusses energy healing and angel messages, and she describes the qualities of soul influencers and lightworkers, Soul Influencer encourages you to accept and truly embody yourself as a lightworker, advocating that you heal yourself and heal others along the way. We don't know how long we have here, so put your emphasis on love. Be present, search for your answers, and keep growing.

ask your guides oracle deck: I Am Cosmic Stardust Roxy Ghoraishy, 2023-01-22 This journey is a remembrance of who you are as a cosmic infinite soul. A connection back to source as you are made up of stardust. This transmission is created to activate your lightbody as you truly remember who you are.

ask your guides oracle deck: The Soul Deck Aneeta Sanas, 2023-09-22 Aneeta Sanas, known by her spiritual alias AniTara, stands as a luminary in the expansive realm of metaphysical exploration, holistic healing, and spiritual guidance. With a profound career that spans over two decades, Aneeta has become a guiding light, leading countless individuals on transformative journeys toward self-discovery and ascension into higher realms. From the early years of her life, Aneeta exhibited an innate connection to the spiritual dimensions, fostering a deep curiosity about the metaphysical aspects of existence. This curiosity propelled her into a multifaceted exploration of various spiritual practices and modalities, laying the groundwork for a lifelong commitment to understanding and harnessing the subtle energies that shape our reality. Aneeta's journey into the realms of healing and metaphysics was marked by a profound recognition of the interconnectedness between mind, body, and spirit. Armed with this insight, she immersed herself in the study of diverse healing modalities, ranging from energy healing and crystal therapy to meditation and ancient wisdom traditions. Her commitment to holistic well-being became the cornerstone of her philosophy, emphasizing the vital importance of aligning the physical, emotional, and spiritual aspects of an individual for true healing. As a healer, Aneeta Sanas, or AniTara, approaches her craft with deep intuition, drawing upon her natural gifts and channeling divine energies to facilitate profound shifts

in consciousness. Her healing sessions have gained acclaim for their transformative impact, aiding individuals in releasing energetic blockages, healing past traumas, and aligning with their soul's purpose. Aneeta's healing touch has earned her a reputation as a catalyst for positive change, leaving an indelible mark on the lives of those who seek her guidance. Aneeta's evolution as a spiritual guide and mentor has been characterized by a commitment to continuous learning and personal growth. Immersing herself in the study of various esoteric traditions, she integrates ancient wisdom with modern insights to create a holistic approach to spiritual awakening. Her teachings reflect a deep understanding of the universal principles that govern our existence, offering practical tools for navigating life's complexities with grace and wisdom. The apex of Aneeta Sanas's spiritual journey manifests in the creation of the Soul Deck By Healing Touch. This meticulously curated oracle deck, infused with Aneeta's profound insights, serves as a bridge between the spiritual and material worlds. The Soul Deck transcends being a mere divination tool; it is a vehicle for self-discovery, empowerment, and the activation of Universal Abundance Energy. Aneeta's commitment to sharing her wisdom extends beyond personal sessions and the Soul Deck. She conducts workshops, retreats, and online programs, providing seekers with the guidance and tools needed to navigate their spiritual journeys. Aneeta's authentic and heart-centered approach resonates with those seeking a deeper connection to their inner selves and a greater understanding of the spiritual dimensions that shape our reality. In Aneeta Sanas, the world finds a compassionate guide, a transformative healer, and a custodian of ancient wisdom. Her journey, marked by authenticity and dedication, continues to inspire and uplift those who are drawn to the path of self-discovery and spiritual awakening. As AniTara, she remains a guiding light, illuminating the way for all who seek the profound wisdom of the soul.

ask your guides oracle deck: The Lotus and the Lily Janet Conner, 2012-10-01 A guide to accessing your true self and living abundantly, based on the teachings of Jesus and Buddha, by the bestselling author of *Writing Down Your Soul*. *The Lotus and the Lily* offers a new thirty-day program for accessing your true creativity, breakthrough thinking, and divine guidance. Janet Conner continues her unique method of deep soul writing by showing readers how to exit their conscious minds, get in touch with their authentic selves, and activate the voice of wisdom within. For those seeking the riches that lie beyond the popular explanation of the Law of Attraction, *Lotus and the Lily* cracks the abundance code by linking the wisdom of the inner voice with the surprising parallel teachings of Jesus and Buddha. In a profound yet simple program, Conner sheds radical new light on how to: Awaken your inner shaman Discover the power of naming your past and your future Experience the generative power of your own voice Each day is reflective of you. *Lotus and the Lily* is a book with an array of prompts for reading, reflection, writing, exploring, and nourishing one's soul. Each week Janet Conner takes you through a program of rich exploration and redirects you from asking for things, to creating the receptive conditions that nourish a bountiful life. If you enjoyed *The Gifts of Imperfection*, *The Untethered Soul*, or *The Power of Now*, then you'll want to read *Lotus and the Lily*. "The principles that Janet Conner guides the reader to discover become the essential elements of a dynamic spiritual practice. These principles transcend denomination and dogma. They are practical, universal, and impacting." —Mary Anne Radmacher, author of *Live with Intention*

ask your guides oracle deck: Badass Ancestors Patti Wigington, 2020-09-08 Cultivate Relationships with Your People for Empowerment and Healing This groundbreaking book shows you how to work with different types of ancestors to find, develop, and celebrate the personal power of your inner badass. By embracing the strength of your lineage—both blood relatives and those chosen by the heart—you can receive wisdom and guidance when you need it the most. *Badass Ancestors* provides a compelling series of rituals, meditations, mantras, and exercises that connect you with ancestral guides. You'll discover advice on genealogy research, the history of ancestor veneration in cultures around the world, ways to deal with problematic ancestors, and how to leave your own legacy for future generations. Each chapter offers unique calls to action—including crafts and recipes—that help you build self-confidence and overall badassery with your ancestors' assistance.

When you develop relationships with your relatives and with spiritual or archetypal ancestors, you engage the process of healing trauma and achieving a deep sense of emotional and spiritual well-being.

ask your guides oracle deck: *How to Read the Cards for Yourself and Others (Chakra Wisdom Oracle)* Tori Hartman, 2017-07-18 This easy-to-use, step-by-step guide will help readers gain a profound understanding of how to work with Tori Hartman's bestselling Chakra Wisdom Oracle Cards This book is aimed at all those who want to work with the hugely successful Chakra Wisdom Oracle Cards—whether they are seeking to read for themselves at a more profound level, to learn to read for friends and family, or even to start professional readings for clients. It offers a useful starting point for those new to the cards, as well as enhanced information not featured elsewhere for those already proficient in using them. This highly practical book offers step-by-step instructions on how to prepare for and conduct a reading session, whether you are working on your own or with others. It includes multiple exercises and covers every aspect of oracle card reading, such as: • The difference between an oracle and the tarot • How to bypass your conscious mind and trust your intuition • How to contact and work with the Great Spirits through the cards • How to engage the “neutral observer” • How to interpret the 49 Chakra Wisdom Oracle Cards through the Seven Aspects • Developing your own personalized spreads • The ethics of reading for others and how to do so safely This is a must-read for anyone interested in using oracle cards and taking their skills to the next level.

ask your guides oracle deck: *Sacred Relationship* Anni Daulter, Tim Daulter, 2017-09-26 *Sacred Relationship* is a practical and spiritual guide and journal for couples to rekindle the love spark that started their fires and to maintain a steady heat for years to come. Following the format of Anni Daulter's popular Sacred Series books, it is beautifully designed and illustrated, with chapters focusing on thirty-two weeks—each with meditations and exercises on topics that couples are likely to encounter on their journey together. Husband-and-wife team Anni and Tim Daulter offer both useful tips and creative ideas for enriching life together, and the weekly encounters provide couples with helpful information and thoughtful prompts for journaling that invite both members of the couple to take an intentional look at the relationship and adopt a practice of personal reflection and soul nourishment. As anyone in a long-term relationship knows, the intense high that accompanies the beginning of love can fade over time unless the relationship receives proper care and attention. *Sacred Relationship* shows how intentional love brings more happiness, deeper joy, and greater fulfillment than the initial love spell and can steer each member of the couple into more profound personal growth. The book serves as a toolkit with answers to a wide variety of relationship questions and as a handbook for crafting daily practices that will raise the vibration of the relationship. Parents will find solace in topics that shed light on maintaining loving relationships, sex, and passion once children join the family. Busy couples who want to discover more about themselves and each other, find soulful solutions to everyday issues, and nourish a healthy and happy relationship year after year will find an invaluable resource in this book.

ask your guides oracle deck: *The Witch's Guide to Animal Familiars* Madame Pamita, 2025-01-28 Whether you are seeking to bring animal magic into your practice or simply want to bond with a furry, finned, or feathered friend in more meaningful ways, this guide will expand your magical practice and amplify your power with the help of an animal familiar. MORE THAN JUST BLACK CATS . . . Discover your personal animal familiar and open yourself to a new way of working alongside the animal kingdom in your magical practice. More than simple elements to be added to spells, animals are allies who can teach any witch about energy, life force, and different kinds of consciousness. For centuries, witches have been linked with familiars such as black cats; however, the world of animal familiars is not limited to felines. Dogs, birds, rodents, reptiles, and even the guppies in your aquarium can be your special companions and magical co-creators. And familiars are not just limited to the pets that we live with; animals in the wild can also enhance our magic and teach us valuable spiritual lessons. In this comprehensive book, you'll learn how to identify an animal familiar and invite them into your witchcraft practice. You'll find spells to attract, protect,

and bond with your familiar. You'll learn magical ways to calm your familiar and even rituals to help your familiar transition at the end of life. You'll access ways to talk to your familiar and build psychic links to help you understand them. You'll discover ways to invite your familiar to participate in your magical rituals, to exchange spiritual energy with your familiar, and even learn how to shapeshift into animal form.

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ask - Dictionary of English to request or petition (usually fol. by for): to ask for leniency; to ask for food. ask for it, to risk or invite trouble, danger, punishment, etc., by persisting in some action or manner: He was

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