

ACUTE CARE THERAPY

ACUTE CARE THERAPY PLAYS A CRITICAL ROLE IN THE RECOVERY PROCESS FOR PATIENTS EXPERIENCING SEVERE OR SUDDEN MEDICAL CONDITIONS. THIS SPECIALIZED FORM OF THERAPY IS DESIGNED TO PROVIDE IMMEDIATE, INTENSIVE REHABILITATION SERVICES TO INDIVIDUALS IN HOSPITAL SETTINGS, TYPICALLY FOLLOWING ACUTE ILLNESS, INJURY, OR SURGERY. ACUTE CARE THERAPY ENCOMPASSES VARIOUS THERAPEUTIC DISCIPLINES SUCH AS PHYSICAL THERAPY, OCCUPATIONAL THERAPY, AND SPEECH-LANGUAGE PATHOLOGY, ALL FOCUSED ON RESTORING FUNCTION, PREVENTING COMPLICATIONS, AND PROMOTING INDEPENDENCE. THE TIMELY INTERVENTION OFFERED BY ACUTE CARE THERAPY CAN SIGNIFICANTLY INFLUENCE PATIENT OUTCOMES, REDUCING HOSPITAL STAYS AND FACILITATING SMOOTHER TRANSITIONS TO SUBSEQUENT CARE LEVELS. UNDERSTANDING THE SCOPE, BENEFITS, AND DELIVERY OF ACUTE CARE THERAPY IS ESSENTIAL FOR HEALTHCARE PROVIDERS, PATIENTS, AND CAREGIVERS ALIKE. THIS ARTICLE EXPLORES THE FUNDAMENTALS OF ACUTE CARE THERAPY, ITS DIFFERENT TYPES, THE CONDITIONS IT ADDRESSES, AND ITS IMPACT ON PATIENT RECOVERY.

- UNDERSTANDING ACUTE CARE THERAPY
- TYPES OF ACUTE CARE THERAPY SERVICES
- CONDITIONS TREATED WITH ACUTE CARE THERAPY
- BENEFITS OF ACUTE CARE THERAPY IN HOSPITAL SETTINGS
- ROLE OF HEALTHCARE PROFESSIONALS IN ACUTE CARE THERAPY
- CHALLENGES AND CONSIDERATIONS IN ACUTE CARE THERAPY

UNDERSTANDING ACUTE CARE THERAPY

ACUTE CARE THERAPY REFERS TO REHABILITATION SERVICES PROVIDED TO PATIENTS IN AN ACUTE CARE HOSPITAL ENVIRONMENT. THESE SERVICES ARE AIMED AT ADDRESSING IMPAIRMENTS AND FUNCTIONAL LIMITATIONS CAUSED BY SUDDEN MEDICAL EVENTS SUCH AS STROKES, FRACTURES, OR SURGERIES. THE THERAPY IS TYPICALLY INITIATED SOON AFTER THE PATIENT STABILIZES MEDICALLY, ENSURING EARLY MOBILIZATION AND FUNCTIONAL RECOVERY. THE INTENSITY AND FREQUENCY OF THERAPY SESSIONS DEPEND ON THE PATIENT'S CONDITION AND CARE GOALS. ACUTE CARE THERAPY DIFFERS FROM OUTPATIENT OR LONG-TERM REHABILITATION BY ITS FOCUS ON SHORT-TERM, HIGH-INTENSITY INTERVENTION WITHIN THE HOSPITAL STAY.

DEFINITION AND SCOPE

THE SCOPE OF ACUTE CARE THERAPY INCLUDES A WIDE RANGE OF THERAPEUTIC INTERVENTIONS DESIGNED TO IMPROVE PHYSICAL, COGNITIVE, AND COMMUNICATIVE FUNCTIONS. IT IS DELIVERED BY LICENSED THERAPISTS WHO ASSESS PATIENTS' NEEDS AND DEVELOP PERSONALIZED TREATMENT PLANS. THE PRIMARY OBJECTIVE IS TO MAXIMIZE INDEPENDENCE AND READINESS FOR DISCHARGE TO HOME OR OTHER CARE SETTINGS.

IMPORTANCE IN PATIENT RECOVERY

EARLY INITIATION OF ACUTE CARE THERAPY HELPS PREVENT COMPLICATIONS SUCH AS MUSCLE ATROPHY, JOINT STIFFNESS, AND RESPIRATORY ISSUES. IT ALSO SUPPORTS NEUROLOGICAL RECOVERY AND FUNCTIONAL GAINS, WHICH ARE CRUCIAL FOR PATIENTS RECOVERING FROM CRITICAL CONDITIONS. TIMELY THERAPY INTERVENTIONS CAN REDUCE HOSPITAL LENGTH OF STAY AND DECREASE THE LIKELIHOOD OF READMISSION.

TYPES OF ACUTE CARE THERAPY SERVICES

ACUTE CARE THERAPY ENCOMPASSES MULTIPLE THERAPEUTIC DISCIPLINES, EACH ADDRESSING SPECIFIC ASPECTS OF PATIENT CARE. THESE THERAPIES WORK COLLABORATIVELY TO PROVIDE COMPREHENSIVE REHABILITATION DURING THE ACUTE PHASE OF ILLNESS OR INJURY.

PHYSICAL THERAPY

PHYSICAL THERAPY IN ACUTE CARE FOCUSES ON RESTORING MOBILITY, STRENGTH, AND BALANCE. THERAPISTS ASSIST PATIENTS WITH EXERCISES, TRANSFERS, AMBULATION, AND PAIN MANAGEMENT TECHNIQUES TO FACILITATE EARLY MOBILIZATION.

OCCUPATIONAL THERAPY

OCCUPATIONAL THERAPY AIMS TO IMPROVE PATIENTS' ABILITY TO PERFORM ACTIVITIES OF DAILY LIVING (ADLS) SUCH AS DRESSING, GROOMING, AND EATING. THERAPISTS ALSO ADDRESS COGNITIVE AND PERCEPTUAL DEFICITS THAT MAY AFFECT FUNCTIONAL INDEPENDENCE.

SPEECH-LANGUAGE PATHOLOGY

SPEECH-LANGUAGE PATHOLOGY SERVICES ARE CRUCIAL FOR PATIENTS WITH COMMUNICATION AND SWALLOWING DISORDERS, OFTEN RESULTING FROM NEUROLOGICAL EVENTS OR SURGERIES. SPEECH THERAPISTS EVALUATE AND TREAT SPEECH, LANGUAGE, COGNITIVE-COMMUNICATION, AND SWALLOWING DIFFICULTIES.

OTHER SPECIALIZED THERAPIES

IN SOME CASES, ACUTE CARE THERAPY MAY INCLUDE RESPIRATORY THERAPY, NEUROPSYCHOLOGICAL SUPPORT, OR PAIN MANAGEMENT SERVICES TAILORED TO PATIENT-SPECIFIC NEEDS.

CONDITIONS TREATED WITH ACUTE CARE THERAPY

ACUTE CARE THERAPY ADDRESSES A BROAD SPECTRUM OF MEDICAL CONDITIONS THAT REQUIRE IMMEDIATE REHABILITATION INTERVENTION TO OPTIMIZE OUTCOMES. THESE CONDITIONS OFTEN INVOLVE SUDDEN FUNCTIONAL IMPAIRMENTS OR RISKS OF SECONDARY COMPLICATIONS.

NEUROLOGICAL CONDITIONS

STROKE, TRAUMATIC BRAIN INJURY, AND SPINAL CORD INJURY PATIENTS BENEFIT SIGNIFICANTLY FROM ACUTE CARE THERAPY. EARLY REHABILITATION PROMOTES NEURAL RECOVERY AND FUNCTIONAL ADAPTATION.

ORTHOPEDIC INJURIES

FRACTURES, JOINT REPLACEMENTS, AND POST-SURGICAL ORTHOPEDIC CASES REQUIRE ACUTE CARE THERAPY TO RESTORE RANGE OF MOTION, REDUCE PAIN, AND REGAIN STRENGTH.

CARDIOPULMONARY CONDITIONS

PATIENTS RECOVERING FROM HEART ATTACKS, PNEUMONIA, OR CHRONIC OBSTRUCTIVE PULMONARY DISEASE (COPD) EXACERBATIONS RECEIVE THERAPY TO IMPROVE ENDURANCE, RESPIRATORY FUNCTION, AND PHYSICAL CONDITIONING.

POST-SURGICAL REHABILITATION

FOLLOWING MAJOR SURGERIES, ACUTE CARE THERAPY HELPS PATIENTS REGAIN MOBILITY, MANAGE PAIN, AND PREVENT COMPLICATIONS SUCH AS DEEP VEIN THROMBOSIS OR MUSCLE WASTING.

BENEFITS OF ACUTE CARE THERAPY IN HOSPITAL SETTINGS

THE PROVISION OF ACUTE CARE THERAPY DURING HOSPITALIZATION OFFERS NUMEROUS ADVANTAGES THAT ENHANCE PATIENT OUTCOMES AND HEALTHCARE EFFICIENCY.

IMPROVED FUNCTIONAL OUTCOMES

THERAPY INTERVENTIONS FACILITATE QUICKER RECOVERY OF MOBILITY, SELF-CARE SKILLS, AND COGNITIVE FUNCTIONS, ENABLING PATIENTS TO RETURN TO THEIR DAILY ROUTINES SOONER.

REDUCED LENGTH OF HOSPITAL STAY

EFFECTIVE ACUTE CARE THERAPY CAN SHORTEN HOSPITAL STAYS BY PROMOTING FASTER REHABILITATION PROGRESS, THEREBY REDUCING HEALTHCARE COSTS AND RESOURCE UTILIZATION.

PREVENTION OF SECONDARY COMPLICATIONS

EARLY THERAPY MINIMIZES RISKS SUCH AS PRESSURE ULCERS, PNEUMONIA, AND MUSCLE ATROPHY BY ENCOURAGING MOVEMENT AND PROPER POSITIONING.

ENHANCED DISCHARGE PLANNING

THERAPISTS CONTRIBUTE VALUABLE INPUT TO DISCHARGE PLANNING BY ASSESSING PATIENTS' FUNCTIONAL STATUS AND RECOMMENDING APPROPRIATE POST-HOSPITAL CARE OPTIONS.

ROLE OF HEALTHCARE PROFESSIONALS IN ACUTE CARE THERAPY

SUCCESSFUL ACUTE CARE THERAPY DEPENDS ON THE COORDINATED EFFORTS OF A MULTIDISCIPLINARY TEAM FOCUSED ON DELIVERING PATIENT-CENTERED REHABILITATION.

THERAPISTS

PHYSICAL, OCCUPATIONAL, AND SPEECH THERAPISTS CONDUCT EVALUATIONS, IMPLEMENT TREATMENT PLANS, AND MONITOR PROGRESS, ADJUSTING INTERVENTIONS AS NEEDED.

PHYSICIANS AND NURSES

MEDICAL STAFF OVERSEE THE PATIENT'S OVERALL HEALTH STATUS, MANAGE MEDICAL TREATMENTS, AND COLLABORATE WITH THERAPISTS TO ENSURE THERAPY SAFETY AND EFFECTIVENESS.

CASE MANAGERS AND SOCIAL WORKERS

THESE PROFESSIONALS ASSIST WITH DISCHARGE PLANNING, COORDINATING POST-ACUTE CARE SERVICES, AND ADDRESSING PSYCHOSOCIAL NEEDS.

CHALLENGES AND CONSIDERATIONS IN ACUTE CARE THERAPY

DELIVERING EFFECTIVE ACUTE CARE THERAPY INVOLVES NAVIGATING SEVERAL CHALLENGES RELATED TO PATIENT CONDITION, HOSPITAL ENVIRONMENT, AND RESOURCE LIMITATIONS.

MEDICAL COMPLEXITY AND PATIENT STABILITY

PATIENTS IN ACUTE CARE OFTEN PRESENT WITH COMPLEX MEDICAL ISSUES REQUIRING CAREFUL MONITORING DURING THERAPY TO AVOID ADVERSE EVENTS.

TIME CONSTRAINTS

HOSPITAL STAYS ARE TYPICALLY BRIEF, NECESSITATING EFFICIENT THERAPY INTERVENTIONS THAT MAXIMIZE FUNCTIONAL GAINS WITHIN LIMITED TIMEFRAMES.

RESOURCE AVAILABILITY

ACCESS TO SPECIALIZED EQUIPMENT AND TRAINED PERSONNEL MAY VARY, IMPACTING THE SCOPE AND INTENSITY OF THERAPY SERVICES PROVIDED.

PATIENT MOTIVATION AND COGNITIVE STATUS

THERAPY EFFECTIVENESS CAN BE INFLUENCED BY PATIENTS' WILLINGNESS TO PARTICIPATE AND THEIR COGNITIVE ABILITY TO ENGAGE IN TREATMENT ACTIVITIES.

SUMMARY

ACUTE CARE THERAPY IS AN ESSENTIAL COMPONENT OF HOSPITAL-BASED REHABILITATION, OFFERING TIMELY AND TARGETED INTERVENTIONS THAT SUPPORT RECOVERY FROM ACUTE MEDICAL EVENTS. BY ADDRESSING PHYSICAL, COGNITIVE, AND COMMUNICATIVE IMPAIRMENTS EARLY IN THE PATIENT'S HOSPITAL STAY, ACUTE CARE THERAPY IMPROVES FUNCTIONAL OUTCOMES, REDUCES COMPLICATIONS, AND FACILITATES SMOOTH TRANSITIONS TO ONGOING CARE. THE MULTIDISCIPLINARY APPROACH AND SPECIALIZED EXPERTISE OF THERAPY PROFESSIONALS ENSURE INDIVIDUALIZED CARE TAILORED TO PATIENT NEEDS. DESPITE CHALLENGES SUCH AS MEDICAL COMPLEXITY AND LIMITED RESOURCES, ACUTE CARE THERAPY REMAINS A VITAL SERVICE IN OPTIMIZING PATIENT HEALTH AND INDEPENDENCE DURING CRITICAL PHASES OF RECOVERY.

FREQUENTLY ASKED QUESTIONS

WHAT IS ACUTE CARE THERAPY?

ACUTE CARE THERAPY INVOLVES PROVIDING SPECIALIZED REHABILITATION SERVICES TO PATIENTS WHO ARE HOSPITALIZED WITH SEVERE OR SUDDEN MEDICAL CONDITIONS, AIMING TO IMPROVE THEIR FUNCTIONAL ABILITIES DURING THEIR ACUTE HOSPITAL STAY.

WHO TYPICALLY RECEIVES ACUTE CARE THERAPY?

PATIENTS WHO HAVE EXPERIENCED EVENTS SUCH AS STROKES, SURGERIES, TRAUMATIC INJURIES, OR SERIOUS ILLNESSES THAT REQUIRE IMMEDIATE AND INTENSIVE REHABILITATION OFTEN RECEIVE ACUTE CARE THERAPY.

WHAT TYPES OF THERAPIES ARE INCLUDED IN ACUTE CARE THERAPY?

ACUTE CARE THERAPY COMMONLY INCLUDES PHYSICAL THERAPY, OCCUPATIONAL THERAPY, AND SPEECH-LANGUAGE PATHOLOGY TO ADDRESS MOBILITY, DAILY LIVING SKILLS, AND COMMUNICATION OR SWALLOWING DIFFICULTIES.

HOW SOON AFTER HOSPITALIZATION DOES ACUTE CARE THERAPY BEGIN?

ACUTE CARE THERAPY USUALLY BEGINS AS SOON AS THE PATIENT IS MEDICALLY STABLE, OFTEN WITHIN 24 TO 48 HOURS OF ADMISSION, TO PROMOTE EARLY RECOVERY AND PREVENT COMPLICATIONS.

WHAT ARE THE GOALS OF ACUTE CARE THERAPY?

THE GOALS ARE TO STABILIZE THE PATIENT'S CONDITION, IMPROVE FUNCTIONAL INDEPENDENCE, PREVENT SECONDARY COMPLICATIONS, AND PREPARE THE PATIENT FOR DISCHARGE OR TRANSFER TO A LOWER LEVEL OF CARE.

HOW IS ACUTE CARE THERAPY DIFFERENT FROM OUTPATIENT THERAPY?

ACUTE CARE THERAPY IS PROVIDED DURING A HOSPITAL STAY FOR CRITICAL OR SUDDEN CONDITIONS, FOCUSING ON RAPID RECOVERY, WHEREAS OUTPATIENT THERAPY TAKES PLACE AFTER DISCHARGE, FOCUSING ON LONGER-TERM REHABILITATION.

WHAT ROLE DO ACUTE CARE THERAPISTS PLAY IN THE HEALTHCARE TEAM?

ACUTE CARE THERAPISTS COLLABORATE WITH PHYSICIANS, NURSES, AND OTHER HEALTHCARE PROFESSIONALS TO DEVELOP AND IMPLEMENT INDIVIDUALIZED TREATMENT PLANS THAT ADDRESS PATIENTS' IMMEDIATE REHABILITATION NEEDS.

CAN ACUTE CARE THERAPY HELP REDUCE HOSPITAL LENGTH OF STAY?

YES, EARLY AND EFFECTIVE ACUTE CARE THERAPY CAN IMPROVE PATIENT OUTCOMES AND FUNCTIONAL STATUS, WHICH OFTEN CONTRIBUTES TO A SHORTER HOSPITAL STAY AND SMOOTHER TRANSITION TO HOME OR OTHER CARE SETTINGS.

ARE THERE RISKS ASSOCIATED WITH ACUTE CARE THERAPY?

WHILE GENERALLY SAFE, ACUTE CARE THERAPY MUST BE CAREFULLY TAILORED TO EACH PATIENT'S CONDITION TO AVOID OVEREXERTION OR COMPLICATIONS, AND THERAPISTS CONTINUOUSLY MONITOR PATIENTS FOR ANY ADVERSE RESPONSES.

HOW HAS TECHNOLOGY IMPACTED ACUTE CARE THERAPY?

ADVANCEMENTS SUCH AS TELEHEALTH, ROBOTIC-ASSISTED THERAPY, AND ELECTRONIC HEALTH RECORDS HAVE ENHANCED ACUTE CARE THERAPY BY IMPROVING ASSESSMENT ACCURACY, TREATMENT EFFECTIVENESS, AND INTERDISCIPLINARY COMMUNICATION.

ADDITIONAL RESOURCES

1. *ACUTE CARE HANDBOOK FOR PHYSICAL THERAPISTS*

THIS COMPREHENSIVE GUIDE OFFERS DETAILED INFORMATION ON THE ROLE OF PHYSICAL THERAPISTS IN ACUTE CARE SETTINGS. IT COVERS PATIENT EVALUATION, TREATMENT TECHNIQUES, AND CLINICAL DECISION-MAKING IN HOSPITALS. THE BOOK EMPHASIZES EVIDENCE-BASED PRACTICE AND INTERDISCIPLINARY COLLABORATION, MAKING IT ESSENTIAL FOR THERAPISTS WORKING WITH CRITICALLY ILL PATIENTS.

2. *ESSENTIALS OF ACUTE CARE NURSING*

FOCUSED ON THE NURSING PERSPECTIVE, THIS BOOK OUTLINES THE PRINCIPLES AND PRACTICES NECESSARY FOR ACUTE CARE NURSING. IT INCLUDES CHAPTERS ON PATIENT ASSESSMENT, MANAGING COMPLEX CONDITIONS, AND EMERGENCY INTERVENTIONS. THE TEXT SERVES AS A PRACTICAL RESOURCE FOR NEW AND EXPERIENCED NURSES IN FAST-PACED HOSPITAL ENVIRONMENTS.

3. *ACUTE CARE THERAPY: STRATEGIES FOR REHABILITATION*

THIS TITLE EXPLORES THERAPEUTIC APPROACHES TAILORED FOR PATIENTS IN ACUTE MEDICAL SETTINGS. IT DISCUSSES REHABILITATION PLANNING, MOBILIZATION TECHNIQUES, AND MANAGING COMPLICATIONS ASSOCIATED WITH CRITICAL ILLNESSES. THERAPISTS WILL FIND VALUABLE INSIGHTS INTO OPTIMIZING PATIENT OUTCOMES DURING THEIR HOSPITAL STAY.

4. *CRITICAL CARE PHYSICAL THERAPY: FROM ACUTE CARE TO REHABILITATION*

COVERING THE CONTINUUM OF CARE FROM INTENSIVE CARE UNITS TO REHABILITATION FACILITIES, THIS BOOK PRESENTS PROTOCOLS AND CASE STUDIES. IT HIGHLIGHTS THE CHALLENGES FACED BY THERAPISTS IN ACUTE AND CRITICAL CARE ENVIRONMENTS AND OFFERS PRACTICAL SOLUTIONS. THE INCLUSION OF RECENT RESEARCH ENHANCES ITS APPLICABILITY TO MODERN CLINICAL PRACTICE.

5. *ACUTE CARE OCCUPATIONAL THERAPY: PRINCIPLES AND PRACTICE*

THIS RESOURCE ADDRESSES THE UNIQUE ROLE OF OCCUPATIONAL THERAPISTS IN ACUTE CARE SETTINGS, FOCUSING ON EARLY INTERVENTION AND FUNCTIONAL RECOVERY. IT PROVIDES ASSESSMENT TOOLS AND INTERVENTION STRATEGIES FOR PATIENTS WITH DIVERSE MEDICAL CONDITIONS. THE BOOK SUPPORTS THERAPISTS IN PROMOTING INDEPENDENCE AND SAFETY DURING HOSPITALIZATION.

6. *HANDBOOK OF ACUTE CARE THERAPY TECHNIQUES*

A PRACTICAL MANUAL THAT PRESENTS STEP-BY-STEP INSTRUCTIONS FOR VARIOUS THERAPEUTIC TECHNIQUES USED IN ACUTE CARE. IT COVERS MODALITIES SUCH AS RESPIRATORY THERAPY, NEUROMUSCULAR FACILITATION, AND PAIN MANAGEMENT. THE HANDBOOK IS DESIGNED FOR QUICK REFERENCE BY CLINICIANS WORKING IN DYNAMIC HOSPITAL ENVIRONMENTS.

7. *ACUTE CARE REHABILITATION: CLINICAL GUIDELINES AND CASE STUDIES*

THIS BOOK COMBINES CLINICAL GUIDELINES WITH REAL-WORLD CASE STUDIES TO ILLUSTRATE BEST PRACTICES IN ACUTE CARE REHABILITATION. IT EMPHASIZES MULTIDISCIPLINARY APPROACHES AND PATIENT-CENTERED CARE. THE CONTENT IS SUITABLE FOR THERAPISTS SEEKING TO ENHANCE THEIR CLINICAL REASONING AND TREATMENT PLANNING SKILLS.

8. *RESPIRATORY THERAPY IN ACUTE CARE SETTINGS*

DEDICATED TO RESPIRATORY THERAPISTS, THIS TITLE EXPLORES ASSESSMENT AND INTERVENTION STRATEGIES FOR PATIENTS WITH ACUTE PULMONARY CONDITIONS. IT DETAILS VENTILATOR MANAGEMENT, AIRWAY CLEARANCE TECHNIQUES, AND EMERGENCY RESPONSE PROTOCOLS. THE BOOK IS AN ESSENTIAL RESOURCE FOR MANAGING RESPIRATORY COMPLICATIONS IN CRITICALLY ILL PATIENTS.

9. *NEUROLOGICAL REHABILITATION IN ACUTE CARE*

FOCUSING ON PATIENTS WITH ACUTE NEUROLOGICAL INJURIES OR ILLNESSES, THIS BOOK PROVIDES THERAPEUTIC STRATEGIES TO ADDRESS MOTOR, SENSORY, AND COGNITIVE IMPAIRMENTS. IT INCLUDES EVIDENCE-BASED INTERVENTIONS FOR STROKE, TRAUMATIC BRAIN INJURY, AND SPINAL CORD INJURY. NEUROLOGISTS AND THERAPISTS WILL FIND IT VALUABLE FOR IMPROVING PATIENT RECOVERY TRAJECTORIES.

Acute Care Therapy

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acute care therapy: *Acute Care Physical Therapy* Daniel J. Malone, Kathy Lee Bishop, 2024-06-01 Acutely ill patients are found in the hospital, in the skilled nursing facility, in inpatient rehabilitation facilities, in outpatient practices, and in the home. The role of the physical therapist and physical therapist assistant is to rehabilitate these vulnerable and frail patients to enhance their health and functioning. The goal of *Acute Care Physical Therapy: A Clinician's Guide, Second Edition* is to provide the acute care practitioner with the necessary knowledge to improve patients' structural impairments and activity limitations so they can more successfully participate in life. Nothing could be more challenging and rewarding. Inside, Drs. Daniel Malone and Kathy Lee Bishop, along with their contributors, provide a comprehensive review of acute care physical therapist best practice. This text builds upon fundamental knowledge by addressing important components of the patient examination ranging from the patient's medical history to laboratory testing to life supporting equipment. Following this introduction, each chapter highlights specific organ systems with a review of pertinent anatomy and physiology followed by common health conditions and medical management. Important physical therapy concerns, examination findings, and rehabilitation interventions are discussed in detail. This Second Edition includes numerous tables, figures, review questions, and case studies that highlight clinical reasoning and the physical therapy patient care model as outlined in the *Guide to Physical Therapist Practice*. New in the Second Edition: Increased focus on evidence-based examination, evaluation, and intervention The latest technology in physiologic monitoring and patient support equipment Introduces the "PT Examination" and "ICU" algorithms to promote safe and progressive rehabilitation Emphasis on clinical decision making through the application of a clinical reasoning model applied to the end of chapter cases *Acute Care Physical Therapy: A Clinician's Guide, Second Edition* will serve as a valuable education tool for students, newer professionals as well as post-professionals who provide therapy services to the acutely ill patient regardless of setting.

acute care therapy: *Physical Therapy in Acute Care* Daniel Joseph Malone, Kathy Lee Bishop, 2020 The goal of *Acute Care Physical Therapy: A Clinician's Guide, Second Edition* is to provide the

acute care practitioner with the necessary knowledge to improve patients' structural impairments and activity limitations so they can more successfully participate in life. Nothing could be more challenging and rewarding. Inside, authors Daniel Malone and Kathy Lee Bishop-Lindsay provide a comprehensive review of acute physical therapy best practice. This text builds upon fundamental knowledge by addressing important components of patient examination, discussing relevant medical tests, and listing diseases and diagnoses alphabetically with brief medical management--

acute care therapy: *Physical Therapy in Acute Care* Daniel Joseph Malone, Kathy Lee Bishop Lindsay, 2006 Safe and effective management is a top priority for every physical therapy student or clinician involved with patients in the acute care setting. *Physical Therapy in Acute Care: A Clinician's Guide* is a user-friendly, pocket-sized, evidence-based text that guides and reinforces successful acute care patient management. *Physical Therapy in Acute Care* provides clinicians with an understanding of the basic physiological mechanisms underlying normal function of all major organ systems, contrasted with the pathophysiology of the disease and disorders that physical therapists will most often encounter in an acute care environment. Inside the pages of *Physical Therapy in Acute Care*, Daniel Malone and Kathy Lee Bishop-Lindsay provide a comprehensive review of acute physical therapy best practice. This text builds upon fundamental knowledge by addressing important components of patient examination, discussing relevant medical tests, and listing diseases and diagnoses alphabetically with brief medical management. Some Chapter Topics Include: • Cardiovascular, pulmonary, musculoskeletal, gastrointestinal, genitourinary, and neurological diseases and disorders • The immune system and infectious disease • Oncology rehabilitation • Wound care • Transplantation Each chapter highlights important physical therapy concerns, examination findings, and rehabilitation interventions. In addition, *Physical Therapy in Acute Care* includes numerous tables, figures, review questions, and case studies that highlight the physical therapy patient care model as outlined in the *Guide to Physical Therapist Practice*. Exciting Features: • An in-depth description of laboratory tests and procedures incorporating the physiologic significance of abnormal findings • Pharmacologic information for each organ system chapter including side effects of common medical interventions • A chapter on deconditioning and bed rest effects in the acute care environment • A discharge recommendation decision tree Whether you are a student of physical therapy, a physical therapist entering the acute care environment, or an experienced acute care physical therapist, *Physical Therapy in Acute Care* is the only resource for successful patient management you will need by your side.

acute care therapy: Acute Care Handbook for Physical Therapists - E-Book Jaime C. Paz, Michele P. West, 2008-11-05 Familiarize yourself with the acute care environment and confidently develop patient rehabilitation plans with this essential guide to physical therapy practice in a clinical setting. *Acute Care Handbook for Physical Therapists*, Third Edition helps you understand and interpret hospital protocol, medical terminology, and the medical-surgical aspects of acute care. Each chapter focuses on a body system and includes a review of basic structure and function, an overview of a medical-surgical workup, a review of pathophysiology, information on pharmacology, and guidelines for physical therapy intervention. This edition features a larger, slimmer design that highlights clinical tips, decision-making aids, and practice patterns throughout the text so that you can easily locate these tools and apply them to your practice. If you are unfamiliar with the complex acute care environment, this comprehensive resource is just what you need to become more comfortable and better able to manage the specific needs of your patients. Review of body system basics and disease processes in each chapter provides concise information to help you better manage patients in a hospital setting. Familiarizes you with the acute care environment by explaining medical terminology, hospital protocol, and surgical workups Includes updated information on medications, laboratory and diagnostic tests, and surgical and invasive procedures pertinent to physical therapy practice Clinical tips throughout the text show you how to maximize safety, quality, and efficiency of care. Over 350 illustrations, tables, and boxed text highlight essential concepts and procedures for quick reference. Uses terminology consistent with the *Guide to Physical Therapist Practice*, Second Edition Focuses on evidence-based practice to help you

determine the best interventions including recent literature regarding rehabilitation in the critical care setting. NEW! Pertinent practice patterns from the Guide to Physical Therapist Practice, Second Edition are included in each chapter. NEW! Additional illustrations to improve comprehension of the material NEW! More pharmacologic implications for physical therapists, specifically concerning side effects and use of combination drugs. NEW! Additional decision-making algorithms facilitate critical thinking in the clinical setting. NEW! Updated surgical and invasive procedures include minimally invasive orthopedic surgery, bariatric procedures, and complete insight into circulatory assist devices. NEW! Expanded neurological chapter including vestibular dysfunction tests and measures, a discussion of dementia, and the latest in stroke evaluation and management. NEW! Revised appendices discuss the latest concepts in documentation standards, palliative care, and patient safety. NEW! Slimmer, larger format allows the book to lie open for easier reading. NEW! Improved design highlighting clinical tips and other key features lets you locate important information quickly in a busy clinical setting.

acute care therapy: Acute Care Handbook for Physical Therapists Jaime C. Paz, Michele P. West, Michele Panik, 1997 A reference guide for physical therapists to aid them in understanding the medical-surgical aspects of acute care; providing a review of the basic structure and function of eleven body systems, each with an overview of the medical-surgical workup of an adult patient, guidelines for physical therapy intervention, and other information.

acute care therapy: Physical Therapy in Acute Care Daniel Joseph Malone, Kathy Lee Bishop, 2020 The goal of Acute Care Physical Therapy: A Clinician's Guide, Second Edition is to provide the acute care practitioner with the necessary knowledge to improve patients' structural impairments and activity limitations so they can more successfully participate in life. Nothing could be more challenging and rewarding. Inside, authors Daniel Malone and Kathy Lee Bishop-Lindsay provide a comprehensive review of acute physical therapy best practice. This text builds upon fundamental knowledge by addressing important components of patient examination, discussing relevant medical tests, and listing diseases and diagnoses alphabetically with brief medical management--

acute care therapy: Physical Therapy Case Files: Acute Care Erin E. Jobst, 2013-04-05 SHARPEN YOUR CRITICAL THINKING SKILLS AND PREPARE FOR REAL-WORLD PRACTICE WITH CLINICAL CASES New in the authoritative Case Files series, Physical Therapy Case Files: Acute Care gives you case studies that illustrate critical concepts you need to build and enhance your skills in physical therapy. Each case includes a discussion of the health condition, examination, evaluation, diagnosis, plan of care and interventions, evidence-based practice recommendations, and references. NPTE-style review questions accompanying each case reinforce your learning. With Physical Therapy Case Files: Acute Care, everything you need to succeed in the clinic and on the NPTE is right here in your hands. 31 acute-care cases with National Physical Therapy Examination-style review questions help you learn best practices in the context of patient care Enhance your practice with evidence-based cases written by leading clinicians, researchers, and academics Includes evidence-based ratings for examination and treatment plans Perfect for coursework use and NPTE preparation

acute care therapy: Occupational Therapy in Acute Care Helene Smith-Gabai, Suzanne E. Holm, 2017

acute care therapy: Acute Care Handbook for Physical Therapists Jaime C. Paz, Michele P. West, 2008-12 This money-saving package is a must-have for students! It includes Acute Care Handbook for Physical Therapists, 3rd edition and an electronic version of the textbook that allows students to search, highlight information, take notes, share notes and more. This package makes it simple for students to make the most of their study time and get more use out of their textbooks!

acute care therapy: Dreeben-Irimia's Introduction to Physical Therapy Practice for Physical Therapist Assistants Christina M. Barrett, 2019-11-12 Dreeben-Irimia's Introduction to Physical Therapy Practice for Physical Therapist Assistants, Fourth Edition introduces students to the role of the physical therapist assistant in physical therapy care.

acute care therapy: Occupational Therapy Alice J. Punwar, Suzanne M. Peloquin, 2000

Written in a casual, narrative style, this edition has been updated with five new chapters, new case studies, new clinical stories, and discussion questions focusing on ethical, legal, and interpersonal issues. The text introduces students to the field of occupational therapy and to career opportunities in the field. Using clinical examples and case studies, this edition provides a realistic look at the complementary roles of the registered occupational therapist (OTR) and the certified occupational therapy assistant (COTA). Occupational Therapy: Principles and Practice illustrates the OT process within various practice settings, including the acute care hospital, public school, and home health practice. Other topics include current and prospective issues in the field, the U.S. health care system, influences/implications of managed care on the profession, and the international OT market. All charts/tables reflect current statistics. This edition differs significantly from the earlier edition by the addition of a second author, Professor Suzanne Peloquin, PhD, a recognized authority in her field. Dr. Peloquin recounts stories from occupational therapy history and offers unique insights into current practice.

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