

# 22 week anatomy scan

**22 week anatomy scan** is a crucial milestone in prenatal care, offering expectant parents an in-depth look at their developing baby. During this detailed ultrasound, healthcare providers assess the baby's growth, anatomy, and overall health, providing valuable information that can guide future care. This article will explore the significance of the 22-week anatomy scan, what to expect during the procedure, and the potential findings that can arise. We will also discuss the importance of this scan in relation to the overall pregnancy journey, including its role in preparing for childbirth and ensuring the well-being of both mother and baby.

Below, you will find a comprehensive Table of Contents that outlines the key topics covered in this article.

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## Understanding the 22 Week Anatomy Scan

The 22 week anatomy scan, often referred to as the mid-pregnancy ultrasound or level II ultrasound, is typically performed between 18 and 22 weeks of gestation. This ultrasound is a detailed imaging procedure that allows healthcare providers to examine the fetus in great detail. It is during this scan that practitioners assess the baby's organs, limbs, and overall growth, ensuring that everything is developing as it should.

This scan is not only pivotal for assessing the physical development of the fetus but also serves as an opportunity for parents to bond with their baby through the visual experience of seeing their developing child. The ultrasound images can provide parents with a deeper understanding of their baby's growth and health, making it an emotionally significant event in the pregnancy journey.

## Importance of the 22 Week Anatomy Scan

The importance of the 22 week anatomy scan cannot be overstated. This scan serves multiple critical

functions that contribute to the health and safety of both the mother and the baby. Among its many roles, the scan is essential for the following reasons:

- **Detection of Birth Defects:** The anatomy scan can help identify congenital anomalies or structural issues with the baby's organs, limbs, or spine.
- **Assessment of Growth:** The ultrasound allows for the measurement of the baby's growth in relation to gestational age, helping to identify any potential growth restrictions.
- **Monitoring Amniotic Fluid Levels:** The scan can assess the amount of amniotic fluid, which is crucial for the baby's development.
- **Placental Positioning:** It provides information about the placenta's location, which can affect delivery and the health of both mother and baby.
- **Gender Determination:** For parents who wish to know the sex of their baby, the anatomy scan often provides this information, if the baby is positioned favorably.

## Preparing for the Anatomy Scan

Preparation for the 22 week anatomy scan involves a few steps that can help ensure the best possible experience and results. Expecting parents should consider the following:

### Scheduling the Appointment

It is important to schedule the anatomy scan between the recommended 18 to 22 weeks of gestation. Early scheduling can help accommodate any potential changes to the mother's health or the baby's development that may necessitate additional monitoring.

### Understanding the Process

Familiarizing oneself with the ultrasound process can help alleviate any anxiety. Parents should know that they will be asked to lie on an examination table while a technician applies gel to the abdomen and uses a transducer to capture images of the fetus.

### Hydration and Full Bladder

In some cases, it is recommended that the mother drinks water prior to the scan to ensure a full bladder, which can provide clearer images of the baby. However, parents should follow specific

instructions provided by their healthcare provider regarding hydration.

## What Happens During the Scan

During the 22 week anatomy scan, parents can expect a detailed and thorough examination of the fetus. The procedure typically lasts about 30 to 60 minutes, and the following occurs:

### Initial Setup

The ultrasound technician will first apply a warm gel to the mother's abdomen. This gel helps create a better connection between the transducer and the skin, allowing for clearer images. The technician will then use the transducer to capture images of the baby from various angles.

### Detailed Examination

The technician will measure the baby's head, abdomen, and limbs, assessing the growth and development of each body part. The heart will also be examined for normal beating and structure, and the major organs will be evaluated for proper formation.

### Sharing Results

After the scan, the technician may share preliminary observations with the parents, but a detailed report will be provided to the healthcare provider. The provider will discuss the findings during a follow-up appointment, allowing parents to ask questions and understand any implications of the results.

## Potential Findings and Their Implications

The findings from the 22 week anatomy scan can vary widely, and understanding these results is crucial for parents. Some potential findings include:

- **Normal Development:** Most scans will show that the baby is developing normally with no significant concerns.
- **Minor Anomalies:** Sometimes, minor issues may be identified that could require monitoring, but often do not pose significant risks.
- **Major Anomalies:** In rare cases, serious congenital defects may be detected that could

require specialized care or interventions.

- **Growth Issues:** If the baby is found to be smaller or larger than expected, additional testing may be recommended to assess growth patterns.

Understanding the implications of these findings is essential for planning further care and managing expectations for delivery.

## **Common Questions About the 22 Week Anatomy Scan**

### **Q: What should I expect during a 22 week anatomy scan?**

A: During the scan, you can expect a detailed examination of the fetus, including measurements of growth, an assessment of organ development, and the possibility of determining the baby's sex.

### **Q: Is the 22 week anatomy scan safe for the baby?**

A: Yes, the 22 week anatomy scan is considered safe. Ultrasound technology uses sound waves, which do not pose any risk to the developing fetus.

### **Q: Can I bring someone with me to the scan?**

A: Yes, you are typically allowed to bring a partner or a family member to the scan, as long as the facility's policies permit it.

### **Q: How long does the 22 week anatomy scan take?**

A: The scan usually takes about 30 to 60 minutes, depending on the complexity of the examination and the number of images needed.

### **Q: What happens if a problem is detected during the scan?**

A: If a problem is detected, your healthcare provider will discuss the findings with you and may recommend further testing or specialist consultations.

### **Q: Do I need to prepare for the scan in any specific way?**

A: Generally, you may be advised to drink water beforehand to ensure a full bladder, which can help produce clearer images. Always follow your healthcare provider's specific instructions.

## **Q: Will I be able to see the baby during the scan?**

A: Yes, you will usually be able to see images of your baby on a monitor during the scan, and the technician may take pictures for you.

## **Q: Can the scan determine the gender of the baby?**

A: Yes, in many cases, the gender can be determined during the anatomy scan, provided the baby is positioned favorably.

## **Q: What is the difference between a regular ultrasound and an anatomy scan?**

A: A regular ultrasound is typically less detailed and may be used for monitoring fetal heartbeat and growth, while an anatomy scan is a thorough examination of the baby's structure and development.

## **Q: Is it common for parents to feel anxious about the anatomy scan?**

A: Yes, it is completely normal for parents to feel anxious. Understanding the process and its importance can help alleviate some of that anxiety.

## **22 Week Anatomy Scan**

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**22 week anatomy scan: Twin and Higher-order Pregnancies** Asma Khalil, Liesbeth Lewi, Enrico Lopriore, 2021-12-02 This book provides a comprehensive update on the management of

multiple pregnancy, which is becoming more common, and is associated with increased maternal and perinatal mortality and morbidity. Offering a practical guide and a wealth of videos, images and illustrations, the book will help clinicians to feel more confident when caring for women with multiple pregnancy. Its main objectives are: To increase the level of knowledge of healthcare professionals involved in the care of these women; To update their knowledge in keeping with the recommendations of the latest national and international guidelines; and To promote a multidisciplinary approach to the management of women with multiple pregnancy.

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**22 week anatomy scan:** Obstetric & Gynaecological Ultrasound Trish Chudleigh, Alison Smith, Sonia Cumming, 2016-07-25 This established text covers the full range of obstetric ultrasound examinations that a sonographer would be expected to perform in a general hospital or secondary referral setting, and is the only text that combines the practicalities of learning how to perform these examinations with the information needed to carry them out in a clinical setting. It encourages students to think about their practice and provides the sonographer with the necessary tools to provide a 'gold standard' service. - Explains the principles of grey scale ultrasound, Doppler ultrasound and instrumentation - Addresses problems from both practical and clinical viewpoints - Provides comparative images showing results of good and bad scanning techniques - Advises on how to communicate findings to a pregnant woman or gynaecological patient - Discusses both the normal and abnormal ultrasound appearances for each of the relevant anatomical areas together - Scope fully expanded to cover gynaecological ultrasound imaging including: - the physiological changes taking place during the menstrual cycle - the effects of exogenous hormones on the various

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**22 week anatomy scan: The 5-minute Obstetrics and Gynecology Consult** Paula J. Adams Hillard, Paula Adams Hillard, 2008 A quick, reliable reference guide for any physician or nurse practitioner treating female patients, this title provides instant access to clinically oriented, must-have information on more than 300 obstetric and gynecologic topics.

**22 week anatomy scan: Fleischer's Sonography in Obstetrics & Gynecology: Principles and Practice, Eighth Edition** Arthur C. Fleischer, Eugene C. Toy, Frank A. Manning, Jacques Abramowicz, Luis Goncalves, Ilan Timor-Tritsch, Ana Monteagudo, 2017-12-29 The definitive guide to sonography in obstetrics and gynecology—thoroughly updated and enhanced by the addition of teaching cases Doody's Core Titles for 2021! This acclaimed guide is a clinically relevant reference text, an atlas, and a teaching/learning resource. Presented in full color and enriched by more than 2,000 illustrations, it expertly examines the full spectrum of disorders and conditions likely to be encountered in gynecologic and maternal-fetal care. You will find expert, all-inclusive coverage of everything from sonographic operating instruments and screening the fetal patient for syndromes and anomalies, to diagnosing the female patient for cysts, infertility, and incontinence. This edition has been updated to include coverage of the latest procedures and diagnostic guidelines for the use of sonography in ob/gyn, including 3D and 4D US and enhanced image processing, contrast enhanced sonography, ultrasound guided fetal therapy, sonographic evaluation of pelvic pain, and much more. The Eighth Edition also features an extensive series of teaching cases. Each case consists of the patient's medical history, representative US images, cineloop videos, Q&A, and teaching points with references. Fleischer's Sonography in Obstetrics & Gynecology, Eighth Edition opens with general obstetric sonography, covering such pivotal topics as normal pelvic anatomy and fetal echocardiography, before moving into fetal anomalies and disorders. Risk assessment and therapy, including first trimester screening and amniocentesis, are explored in the next section, while the remaining parts of the book focus on maternal disorders, gynecologic sonography, and the newest complementary imaging modalities.

**22 week anatomy scan: Women in Obstetrics and Gynecology** Isabella Fabietti, Elisa Bevilacqua, Zaleha Abdullah Mahdy, 2023-03-17

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**22 week anatomy scan: First-Trimester Ultrasound** Jacques S. Abramowicz, Ryan E. Longman, 2023-04-13 This second edition offers a unique and focused study of the use of ultrasound during the first trimester, a critical time in a fetus' development. It includes basic examination guidelines as well as cutting-edge ultrasound modalities, including Doppler and three-dimensional ultrasound, for the period immediately preceding conception through early embryology. Fully updated, the text begins with a discussion of the safety and efficacy of diagnostic ultrasound and the use of this modality for the evaluation and treatment of infertility. Recognized experts in the field then explore conditions that may interfere with normal conception or development, including maternal diseases

that would benefit from early scanning, elements of teratology, multiple gestations, ectopic pregnancy, gestational trophoblastic disease, fetal anomalies and invasive procedures in the first trimester. This edition includes seven new chapters focusing on the imaging of fetal development, including chapters on the first trimester fetal brain, genitourinary tract, and diagnosis of fetal genetic syndromes. Numerous illustrations, figures, and online videos serve as aides for understanding key concepts. First-Trimester Ultrasound, 2e is a valuable resource for many, in or after training, in obstetrics and gynecology, radiology, emergency medicine, family medicine and genetics.

**22 week anatomy scan:** *Ultrasound of Congenital Fetal Anomalies* Dario Paladini, Paolo Volpe, 2018-03-29 The most frequently asked questions that confront the fetal medicine trainee/expert on a daily basis are "Is the finding real or merely an artifact?" and "Is the diagnosis correct?". However, to be able to find the description of an abnormal ultrasound finding in a textbook, one generally has to search by the definite diagnosis, which has not been done as yet. This uneasy feeling was the first factor that directed the layout of *Ultrasound of Congenital Fetal Anomalies: Differential Diagnosis and Prognostic Indicators, Second Edition*. Copiously illustrated, the book displays fetal anomalies by scanning view and descriptions of all major ultrasound planes, detailing what can be considered a normal view and what cannot. See What's New in the Second Edition: Early detection of fetal anomalies (1214 weeks) Ultrasound in fetal infections and in twins The nuchal translucency issue, the newest intracranial translucency as well as the range of congenital anomalies detectable at this gestational age Expanded coverage of heart anomalies, including arrhythmias and early fetal echocardiography The author's mission continues to be to provide guidance on how to quickly recognize and diagnose congenital fetal anomalies, beginning at the beginning with ultrasound sigh all the way through to final diagnosis.

**22 week anatomy scan: The Mama Natural Week-by-Week Guide to Pregnancy and Childbirth** Genevieve Howland, 2017-04-25 With more than 1.3 million video views each month and over fifty-two million total views on her YouTube channel, Howland's (a.k.a. Mama Natural) funny but informational videos have empowered millions of women to embrace natural pregnancy and parenting. Now Howland is turning to the page, offering up the first week-by-week natural pregnancy book for soon-to-be moms. For the last half-century, control over childbirth has been in favor of doctors. Many pregnancy guidebooks are conventional, fear-based, and written by male physicians deeply entrenched in the old-school medical model of birth. But change is underway. A groundswell of women are taking back their pregnancy and childbirth and embracing a natural way. Genevieve Howland, the woman behind the enormously popular Mama Natural blog and YouTube channel, has created an inspiring, fun, and informative guide that demystifies natural pregnancy and walks mom through the process one week at a time. The Mama Natural's Week-by-Week Guide to Pregnancy and Childbirth is the modern (and yet ancient) approach to pregnancy and childbirth. Natural recognizes that pregnancy and birth are normal, and that having a baby is a wondrous biological process and rite of passage--not a medical condition. This book draws upon the latest research showing how beneficial and life-changing natural birth is for both babies and moms. Full of weekly advice and tips for a healthy pregnancy, Howland details vital nutrition to take, natural remedies for common and troublesome symptoms, as well as the appropriate (and inappropriate) use of interventions. Peppered throughout are positive birth and pregnancy stories from women of all backgrounds (and all stages of their natural journey) along with advice and insights from a Certified Nurse Midwife (CNM) plus a Registered Nurse (RN), doula, and lactation consultant. Encouraging, well-researched, and fun, The Mama Natural's Week-by-Week Guide to Pregnancy and Childbirth will be an essential companion for women everywhere to embrace natural pregnancy and reap all the benefits for both baby and mama.

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**22 week anatomy scan: SBAs and EMQs for MRCOG II** Chinmayee Ratha, Janesh Gupta, 2016-02-15 This book is a comprehensive collection of questions in the “single best answer (SBA)” format for the MRCOG2 theory exam. This new format has been introduced in the exam paper from March 2015 and most candidates are still getting used to the change. This book will provide them ample opportunity to familiarize themselves with the concept and then practice answering the questions based on almost all subjects included in the MRCOG 2 theory syllabus. Preparing for the MRCOG2 exam is a daunting task for all Obstetrics and Gynecology doctors. The college constantly reforms the exam structure in an effort to optimize the evaluation process. The endeavor of the authors is to equip the candidates with a vision of the holistic nature of the exam so that they master the art of answering SBA questions.

**22 week anatomy scan: Ultrasonography in Gynecology and Early Pregnancy, An Issue of Obstetrics and Gynecology Clinics** Larry D. Platt, Christina S. Han, 2019-11-12 In consultation with Dr. William Rayburn, Consulting Editor, Drs. Larry Platt and Christina Han have put together expert authors to provide a current update on ultrasound in gynecology and pregnancy. The clinical review articles have high utility and include the following topics: Normal pelvic anatomy; Ultrasound in evaluation of pelvic pain; Abnormal uterus and uterine bleeding; Abnormal ovaries and tubes; Methods of assessing ovarian masses: IOTA approach; Imaging in endometriosis; Assessment of IUD; Ultrasound evaluation in infertility; Ultrasound in pelvic floor dysfunction; Non-gynecologic findings in the pelvis; Three-D imaging in gynecology; Pregnancy of unknown location; Cesarean scar ectopic; Early pregnancy evaluation of anomalies; and Coding and legal issues in gynecologic ultrasound. Readers will come away with the information they need to provide current, authoritative care to their patients and to improve outcomes.

**22 week anatomy scan: Twining's Textbook of Fetal Abnormalities E-Book** Anne Marie Coady, Sarah Bower, 2014-09-29 Access practical guidance on the radiologic detection, interpretation, and diagnosis of fetal anomalies with Twining's Textbook of Fetal Abnormalities. With fetal scanning being increasingly done by obstetricians, this updated medical reference book features a brand-new editorial team of radiologist Anne Marie Coady and fetal medicine specialist Sarah Bower; these authorities, together with contributions from many other experts, provide practical, step-by-step guidance on everything from detection and interpretation to successful management approaches. Twining's Textbook of Fetal Abnormalities is a resource you'll turn to time and again! - Consult this title on your favorite e-reader, conduct rapid searches, and adjust font sizes for optimal readability. - Quickly access specific information with a user-friendly format. - Deliver a rapid, reliable diagnosis thanks to a strong focus on image interpretation, as well as the correlation of radiographic features with pathologic findings wherever possible. - Clearly visualize a full range of conditions with help from more than 700 images. - Stay abreast of the latest developments in detecting fetal abnormalities with 4 brand-new chapters: Fetal Growth; Haematological Disorders; Fetal Pathology; and Fetal Tumours. - Access increased coverage of fetal growth, first trimester anomalies, DDX, and clinical management. - Understand the major advances in today's hottest imaging technologies, including 3-D Ultrasound, Fetal MRI, and Colour Doppler. - Effectively interpret the images you encounter with highly organized coordination between figures, tables, and imaging specimens. - Search the entire contents online at Expert Consult.

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**22 week anatomy scan: Family Medicine** John R. MacMillan Rodney, 2016-12-30 Specialization has driven medical practice over the last century. Expanding knowledge has increased the physician

workforce but has decreased the proportion of general family doctors, leaving rural areas with critical physician shortages. In 1978 almost half of family physicians delivered babies. By 2005 this number decreased to 23 percent. Although many recognize the broad medical and surgical skills required in remote Africa, few recognize the need for similar skills among doctors in rural America. These physicians blend family and emergency medicine with specific skills from obstetrics, gynecology, and general surgery. Many family doctors provide extensive women's health services, including cancer screening, prenatal care, and cesarean delivery. This work is written for these physicians. In rural areas, most women cannot leave their communities to have children. Extensive travel for prenatal care and delivery has detrimental economic and social consequences. Although rural counties provide quality care, they cannot afford an array of technicians, nurses, and physicians trained in obstetrics, gynecology, surgery, neonatology, and critical care. Drawing from my mentors' and family's experiences in Texas and Tennessee, I realized that there was no formal ultrasound curriculum for family doctors providing rural obstetrical care. The majority of texts have been written for ultrasound technicians performing examinations and subspecialists interpreting the acquired images. Historically, family physicians have played a prominent role in obstetrical patient safety and care, as seen through the continued success of the Advanced Life Support in Obstetrics (ALSO) curriculum. Although the ALSO course provides valuable training, I argue that a formal program for physician performed obstetrical ultrasound is equally, if not more, important. Ultrasound is the basis for obstetrical risk stratification. Without basic skills, physicians may inadvertently put mothers and children at risk. For example, a physician in west Texas should not trend beta hCG levels over two days when evaluating a suspected ectopic pregnancy. Any suspected threat to pregnancy should be investigated immediately at the point of care to avoid unnecessary delays that may lead to maternal or fetal death. This text serves as a rational but not exhaustive introduction to obstetrical ultrasound for the physician providing women's health services in remote or resource-poor settings. This text distills volumes of information found in advanced obstetrical textbooks as well as recent American and European literature. The referenced articles come from a variety of journals and represent many specialties. Ultimately, we desire to promote patient safety and improve care and welcome any suggestions or ideas that help achieve this goal. Thank you for selecting this text; we hope it serves you and your patients well.

**22 week anatomy scan:** *Textbook on High-Risk Pregnancy for Postgraduates* Firoza Begum, 2022-10-31 A high-risk pregnancy is one in which a woman and her foetus face a higher-than-normal chance of experiencing problems. These risks may be due to factors in the pregnancy itself, or they may stem from pre-existing maternal medical conditions. This book is a comprehensive guide to the management of high risk pregnancies for postgraduate medical students. It is an amalgamation of existing literature, current guidelines, and recent advances in medical technologies. Divided into 22 chapters, the text covers pathophysiology, systematic investigations, diagnosis, and appropriate management for both maternal and foetal disorders, helping trainees identify conditions that can make a pregnancy high risk. The book is highly illustrated with clinical images, diagrams and flowcharts, and features a question paper and extensive bibliography to assist learning.

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